# COUNTY PROFILE: Saint Clair County, Michigan

#### US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

#### FINDINGS: LIFE EXPECTANCY

% change 1980-2014	National rank	National	Michigan	Saint Clair County	Sex
+3.6	1723	81.5	80.5	80.0	Female
+7.7	1642	76.7	76.0	75.5	Male

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

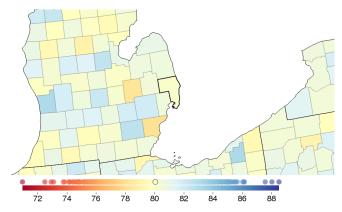
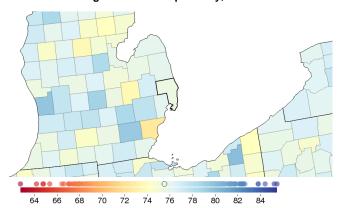


Fig. 2: Male life expectancy, 2014



# FINDINGS: ALL-CAUSE MORTALITY

% change 1980-2014	National rank	National	Michigan	Saint Clair County	Sex
-15.4	1830	667.8	714.0	757.0	Female
-29.9	1805	930.1	988.1	1047.1	Male

Fig. 3: Female all-cause mortality, 2014

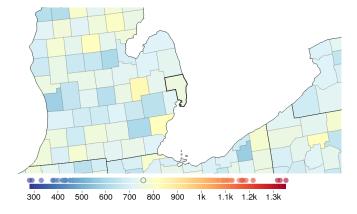
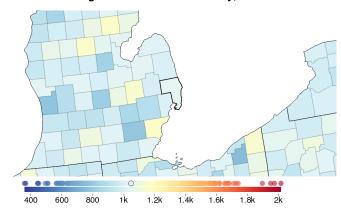


Fig. 4: Male all-cause mortality, 2014



# FINDINGS: ISCHEMIC HEART DISEASE

% change 1980-2014	National rank	National	Michigan	Saint Clair County	Sex
-35.6	2706	124.9	152.0	182.9	Female
-51.1	2520	191.5	226.2	258.1	Male

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

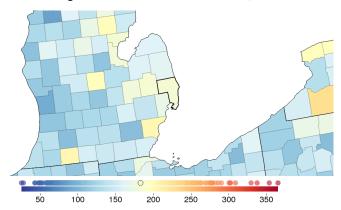
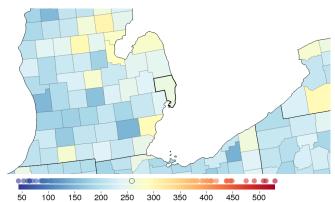


Fig. 6: Male ischemic heart disease, 2014



# FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	Michigan	Saint Clair County	Sex
-57.6	458	47.4	48.2	41.3	Female
-57.0	971	48.8	48.7	46.9	Male

Fig. 7: Female cerebrovascular disease (stroke), 2014

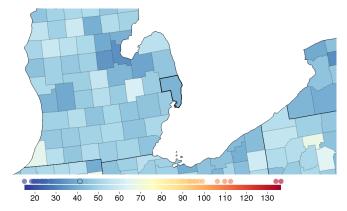
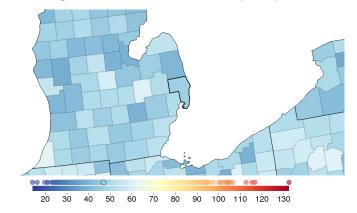


Fig. 8: Male cerebrovascular disease (stroke), 2014

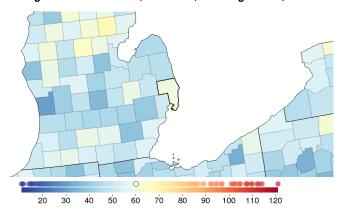


# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

% change 1980-2014	National rank	National	Michigan	Saint Clair County	Sex
+42.1	2666	43.8	48.9	60.1	Female
-29.1	1783	67.6	72.6	81.7	Male

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014



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Fig. 10: Male tracheal, bronchus, and lung cancer, 2014

FINDINGS: BREAST CANCER

% change 1980-2014	National rank	National	Michigan	Saint Clair County	Sex
-26.3	2404	25.9	26.2	28.7	Female
-4.4	2653	0.3	0.4	0.4	Male

Fig. 11: Female breast cancer, 2014

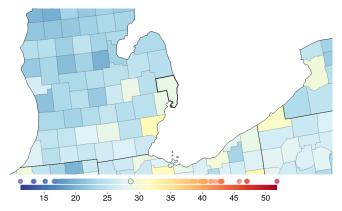
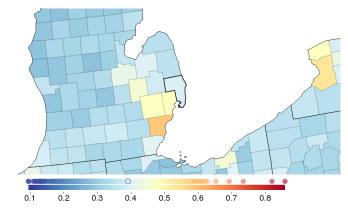


Fig. 12: Male breast cancer, 2014



## FINDINGS: MALIGNANT SKIN MELANOMA

% change 1980-2014	National rank	National	Michigan	Saint Clair County	Sex
+6.2	696	1.9	1.7	1.8	Female
+24.8	1051	4.5	4.1	4.5	Male

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014

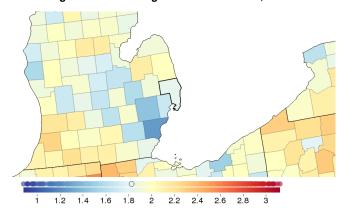
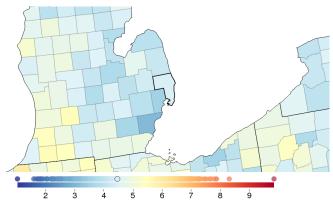


Fig. 14: Male malignant skin melanoma, 2014



# FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	Michigan	Saint Clair County	Sex
+36.0	2144	49.6	53.7	63.0	Female
+46.6	2714	63.8	69.6	89.4	Male

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

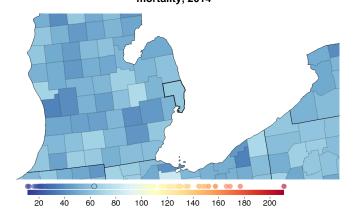
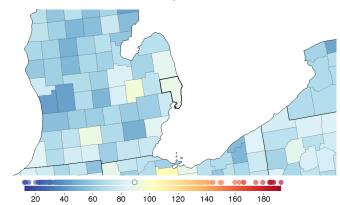


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



## FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

% change 1980-2014	National rank	National	Michigan	Saint Clair County	Sex
+42.1	1916	9.0	10.0	10.4	Female
+9.1	1392	30.9	32.7	31.2	Male

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

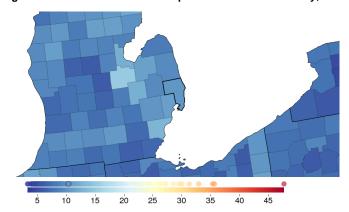


Fig. 18: Male self-harm and interpersonal violence mortality, 2014

FINDINGS: TRANSPORT INJURIES MORTALITY

Sex	Saint Clair County	Michigan	National	National rank	% change 1980-2014
Female	7.4	7.5	8.1	374	-53.3
Male	18.3	16.9	19.8	432	-56.5

Fig. 19: Female transport injuries mortality, 2014

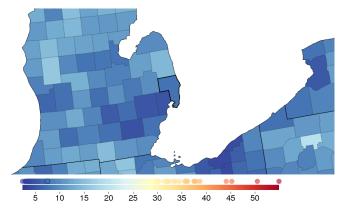
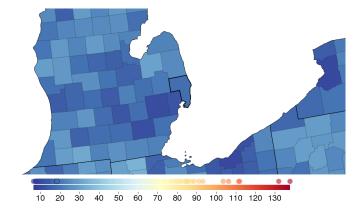


Fig. 20: Male transport injuries mortality, 2014



## FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	Saint Clair County	Michigan	National	National rank	% change 1980-2014
Female	9.3	9.7	8.2	1977	+610.6
Male	29.5	21.7	18.7	2868	+776.7

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

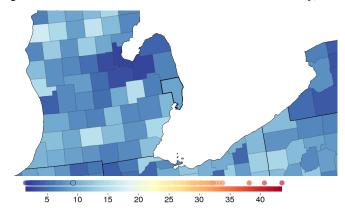
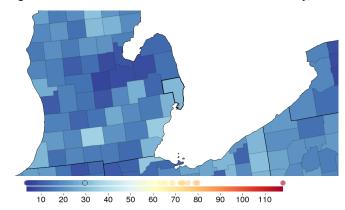


Fig. 22: Male mental and substance use disorders mortality, 2014



## FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

% change 1980-2014	National rank	National	Michigan	Saint Clair County	Sex
-7.2	1119	11.8	11.6	11.2	Female
-24.9	1566	22.2	20.6	22.3	Male

 $\label{fig:prop:continuous} \textbf{Fig. 23: Female cirrhosis and other chronic liver diseases mortality},$ 

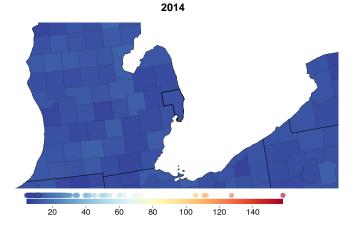
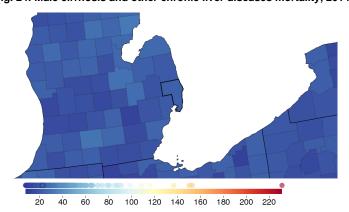


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

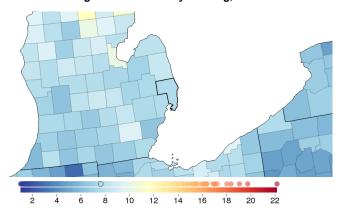


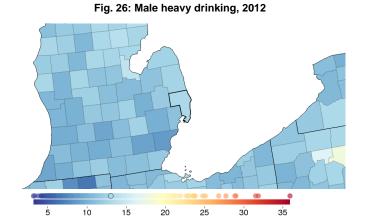
# FINDINGS: HEAVY DRINKING

% change 2005-2012	National rank	National	Michigan	Saint Clair County	Sex
+24.1	2486	6.7	7.5	7.6	Female
-1.2	2578	9.9	10.6	13.0	Male

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012





FINDINGS: BINGE DRINKING

% change 2002-2012	National rank	National	Michigan	Saint Clair County	Sex
+19.1	2651	12.4	14.8	15.8	Female
+14.5	2977	24.5	27.5	35.7	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

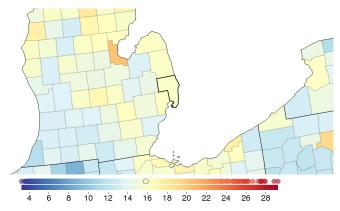
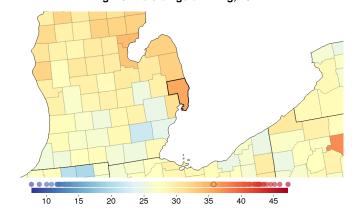


Fig. 28: Male binge drinking, 2012

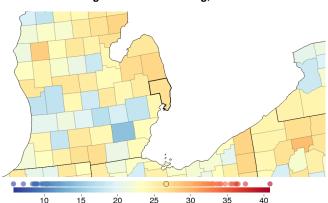


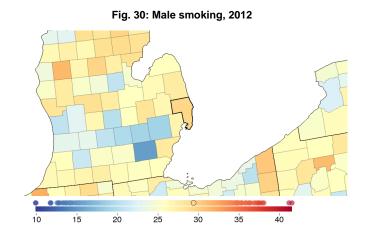
# FINDINGS: SMOKING

% change 1996-2012	National rank	National	Michigan	Saint Clair County	Sex
-4.2	2757	17.9	21.5	26.7	Female
-9.7	2520	22.2	24.2	29.4	Male

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012



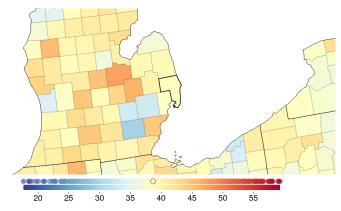


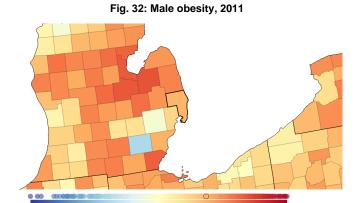
FINDINGS: OBESITY

% change 2001-2011	National rank	National	Michigan	Saint Clair County	Sex
+24.1	1593	36.1	39.5	38.7	Female
+33.2	1780	33.8	36.6	37.9	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011





20 22 24 26 28 30 32 34 36 38 40 42 44 46

## FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

% change 2001-2011	National rank	National	Michigan	Saint Clair County	Sex
+8.9	406	52.6	53.8	57.5	Female
-4.2	837	56.3	57.8	56.9	Male

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

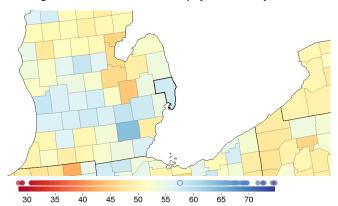


Fig. 34: Male recommended physical activity, 2011

## **CITATION:**

Institute for Health Metrics and Evaluation (IHME), US County Profile: Saint Clair County, Michigan. Seattle, WA: IHME, 2016.

Institute for Health Metrics and Evaluation 2301 Fifth Ave., Suite 600 Seattle, WA 98121 USA

Telephone: +1-206-897-2800 E-mail: engage@healthdata.org

www.healthdata.org

