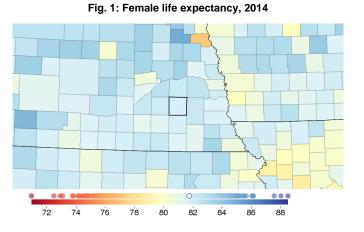
US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

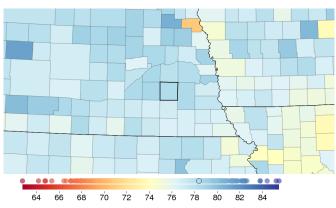
FINDINGS: LIFE EXPECTANCY

Sex	Seward County	Nebraska	National	National rank	% change 1980-2014
Female	81.7	81.7	81.5	781	+1.3
Male	78.4	77.4	76.7	360	+7.2



life expectancy at birth (years), 2014

Fig. 2: Male life expectancy, 2014



FINDINGS: ALL-CAUSE MORTALITY

Sex	Seward County	Nebraska	National	National rank	% change 1980-2014
Female	683.5	653.6	667.8	1125	-0.3
Male	853.8	908.6	930.1	507	-31.9

rate per 100,000 population, age-standardized, 2014

Fig. 3: Female all-cause mortality, 2014

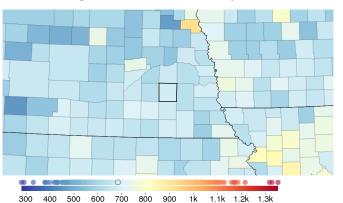
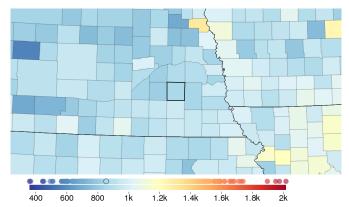


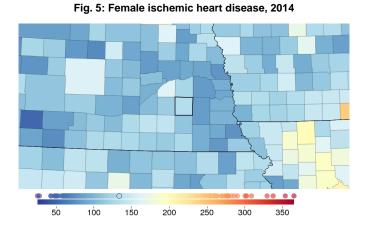
Fig. 4: Male all-cause mortality, 2014



FINDINGS: ISCHEMIC HEART DISEASE

Sex	Seward County	Nebraska	National	National rank	% change 1980-2014
Female	133.6	102.0	124.9	1574	-41.4
Male	183.1	162.0	191.5	981	-62.7

rate per 100,000 population, age-standardized, 2014



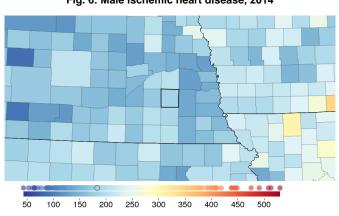


Fig. 6: Male ischemic heart disease, 2014

FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

Sex	Seward County	Nebraska	National	National rank	% change 1980-2014
Female	50.2	47.1	47.4	1441	-20.1
Male	41.0	52.2	48.8	390	-48.3

rate per 100,000 population, age-standardized, 2014

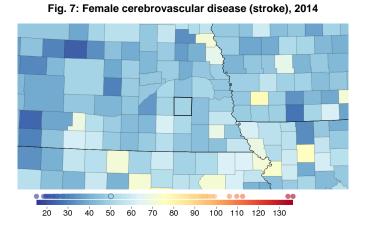
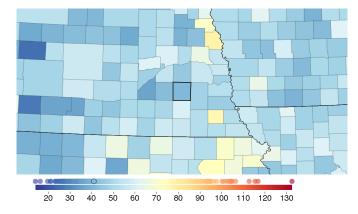


Fig. 8: Male cerebrovascular disease (stroke), 2014



FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	Seward County	Nebraska	National	National rank	% change 1980-2014
Female	31.6	42.1	43.8	269	+94.3
Male	64.0	68.0	67.6	938	-12.3

rate per 100,000 population, age-standardized, 2014

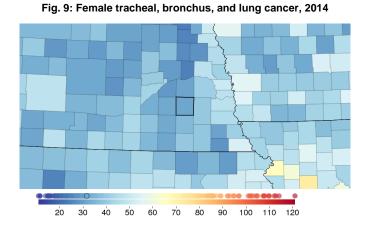
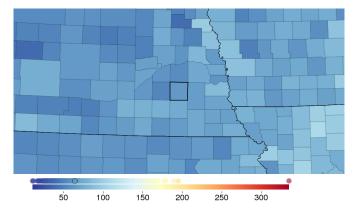


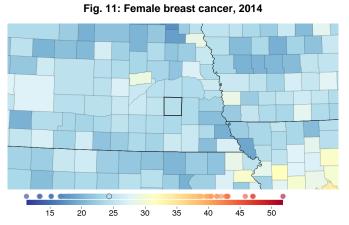
Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



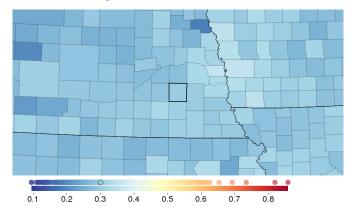
FINDINGS: BREAST CANCER

Sex	Seward County	Nebraska	National	National rank	% change 1980-2014
Female	24.3	24.6	25.9	1016	-16.6
Male	0.3	0.3	0.3	1288	-6.4

rate per 100,000 population, age-standardized, 2014







FINDINGS: MALIGNANT SKIN MELANOMA

Sex	Seward County	Nebraska	National	National rank	% change 1980-2014
Female	2.5	2.1	1.9	2671	+39.8
Male	5.9	4.9	4.5	2609	+71.6

rate per 100,000 population, age-standardized, 2014

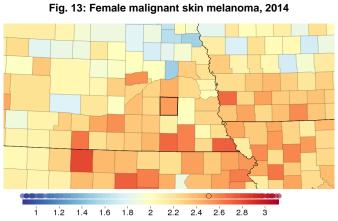


Fig. 14: Male malignant skin melanoma, 2014 8 å ģ

FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

Sex	Seward County	Nebraska	National	National rank	% change 1980-2014
Female	60.2	49.8	49.6	1951	+146.8
Male	51.8	60.9	63.8	475	+23.4

rate per 100,000 population, age-standardized, 2014

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

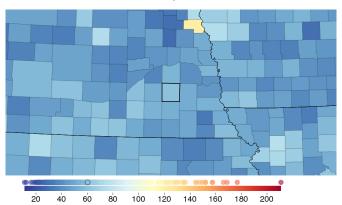
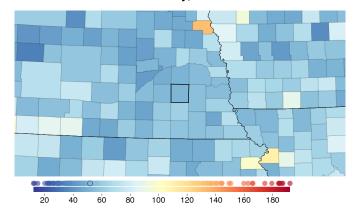


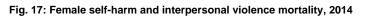
Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014

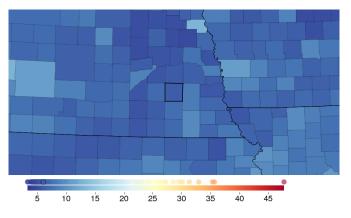


FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	Seward County	Nebraska	National	National rank	% change 1980-2014
Female	6.0	7.7	9.0	245	-6.5
Male	19.6	26.9	30.9	131	-10.5

rate per 100,000 population, age-standardized, 2014





FINDINGS: TRANSPORT INJURIES MORTALITY

Sex	Seward County	Nebraska	National	National rank	% change 1980-2014
Female	11.6	9.5	8.1	1162	-17.0
Male	23.8	20.9	19.8	894	-33.7

rate per 100,000 population, age-standardized, 2014

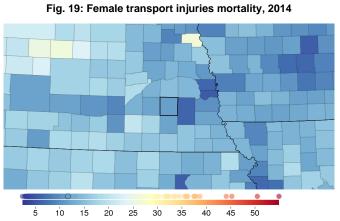
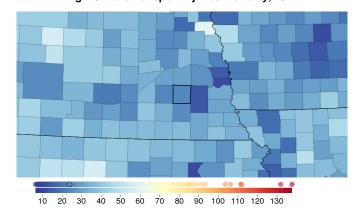
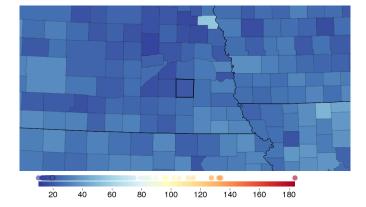


Fig. 20: Male transport injuries mortality, 2014







FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	Seward County	Nebraska	National	National rank	% change 1980-2014
Female	6.7	5.5	8.2	1169	+543.9
Male	5.3	10.3	18.7	42	+62.2

rate per 100,000 population, age-standardized, 2014



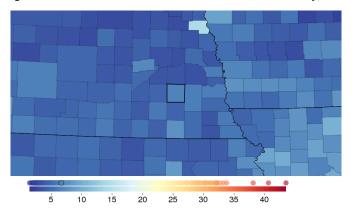
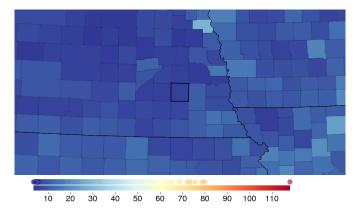


Fig. 22: Male mental and substance use disorders mortality, 2014



FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

Sex	Seward County	Nebraska	National	National rank	% change 1980-2014
Female	7.7	10.5	11.8	125	+27.0
Male	13.9	18.9	22.2	302	+10.3

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,

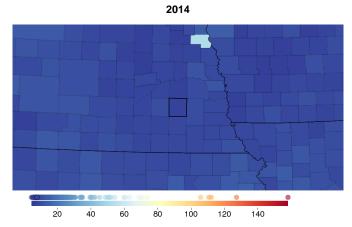
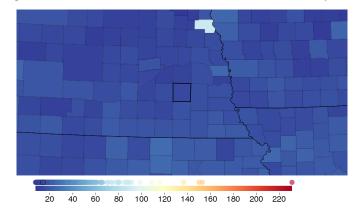
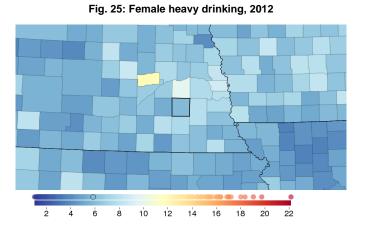


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

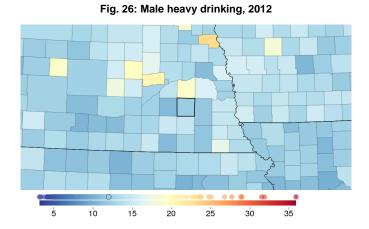


FINDINGS: HEAVY DRINKING

Sex	Seward County	Nebraska	National	National rank	% change 2005-2012
Female	5.8	7.4	6.7	1849	+65.3
Male	12.0	12.7	9.9	2254	+30.0



prevalence (%), age-standardized, 2012



FINDINGS: BINGE DRINKING

Sex	Seward County	Nebraska	National	National rank	% change 2002-2012
Female	14.4	16.0	12.4	2394	+29.5
Male	29.1	31.2	24.5	2391	+1.5

prevalence (%), age-standardized, 2012

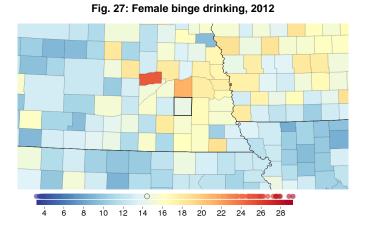
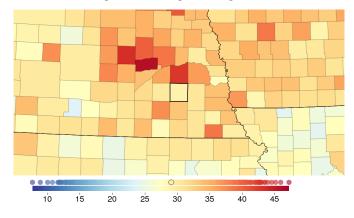
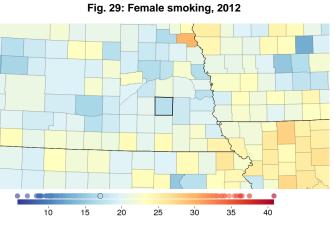


Fig. 28: Male binge drinking, 2012

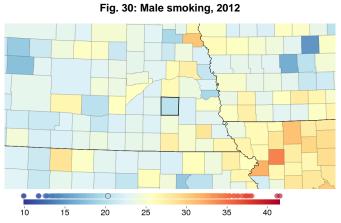


FINDINGS: SMOKING

Sex	Seward County	Nebraska	National	National rank	% change 1996-2012
Female	17.1	19.5	17.9	401	-14.8
Male	20.3	22.6	22.2	290	-15.6



prevalence (%), age-standardized, 2012



FINDINGS: OBESITY

Sex	Seward County	Nebraska	National	National rank	% change 2001-2011
Female	33.9	36.5	36.1	414	+23.7
Male	37.5	36.1	33.8	1622	+35.0

prevalence (%), age-standardized, 2011

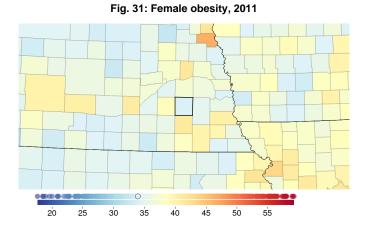
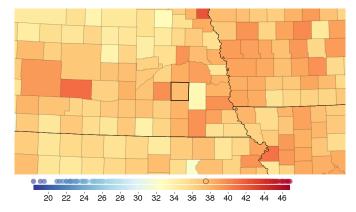


Fig. 32: Male obesity, 2011



FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	Seward County	Nebraska	National	National rank	% change 2001-2011
Female	56.0	52.7	52.6	590	+12.1
Male	55.1	53.7	56.3	1225	-4.7

prevalence (%), age-standardized, 2011

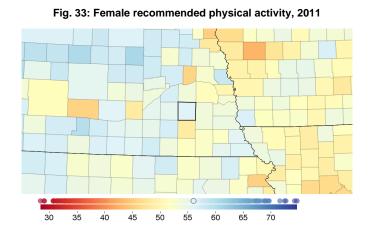
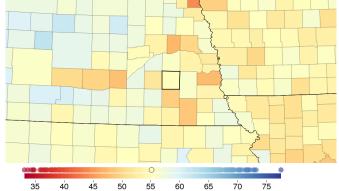


Fig. 34: Male recommended physical activity, 2011



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