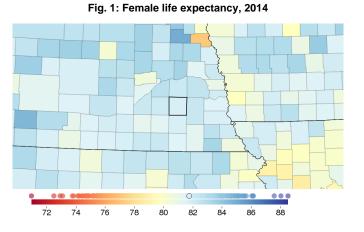
## US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

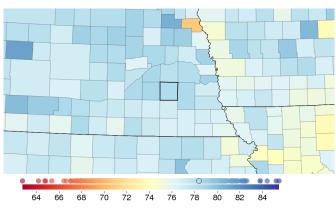
# FINDINGS: LIFE EXPECTANCY

Sex	Seward County	Nebraska	National	National rank	% change 1980-2014
Female	81.7	81.7	81.5	781	+1.3
Male	78.4	77.4	76.7	360	+7.2



life expectancy at birth (years), 2014

Fig. 2: Male life expectancy, 2014



# FINDINGS: ALL-CAUSE MORTALITY

Sex	Seward County	Nebraska	National	National rank	% change 1980-2014
Female	683.5	653.6	667.8	1125	-0.3
Male	853.8	908.6	930.1	507	-31.9

rate per 100,000 population, age-standardized, 2014

Fig. 3: Female all-cause mortality, 2014

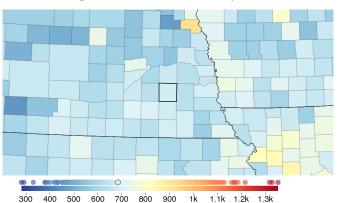
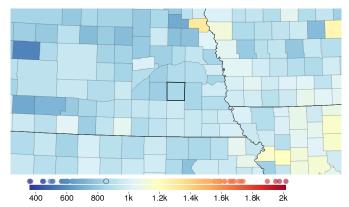


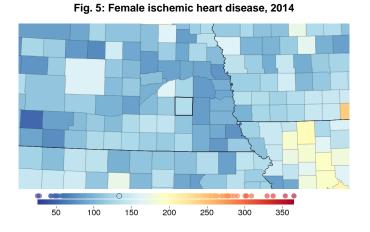
Fig. 4: Male all-cause mortality, 2014

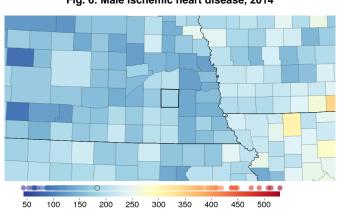


## FINDINGS: ISCHEMIC HEART DISEASE

Sex	Seward County	Nebraska	National	National rank	% change 1980-2014
Female	133.6	102.0	124.9	1574	-41.4
Male	183.1	162.0	191.5	981	-62.7

rate per 100,000 population, age-standardized, 2014





#### Fig. 6: Male ischemic heart disease, 2014

## FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

Sex	Seward County	Nebraska	National	National rank	% change 1980-2014
Female	50.2	47.1	47.4	1441	-20.1
Male	41.0	52.2	48.8	390	-48.3

rate per 100,000 population, age-standardized, 2014

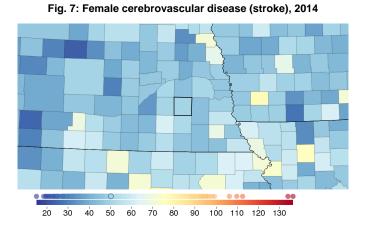
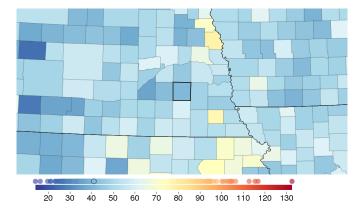


Fig. 8: Male cerebrovascular disease (stroke), 2014



# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	Seward County	Nebraska	National	National rank	% change 1980-2014
Female	31.6	42.1	43.8	269	+94.3
Male	64.0	68.0	67.6	938	-12.3

rate per 100,000 population, age-standardized, 2014

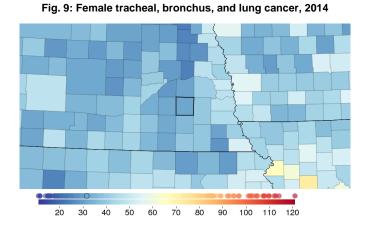
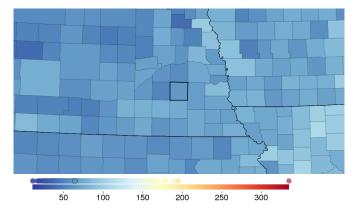


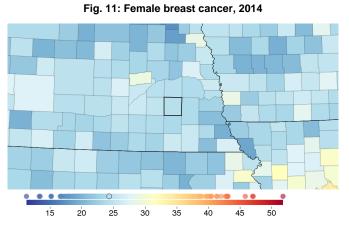
Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



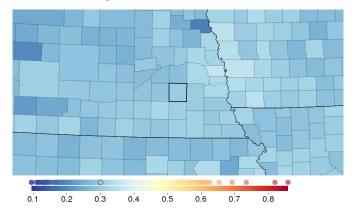
#### FINDINGS: BREAST CANCER

Sex	Seward County	Nebraska	National	National rank	% change 1980-2014
Female	24.3	24.6	25.9	1016	-16.6
Male	0.3	0.3	0.3	1288	-6.4

rate per 100,000 population, age-standardized, 2014







# FINDINGS: MALIGNANT SKIN MELANOMA

Sex	Seward County	Nebraska	National	National rank	% change 1980-2014
Female	2.5	2.1	1.9	2671	+39.8
Male	5.9	4.9	4.5	2609	+71.6

rate per 100,000 population, age-standardized, 2014

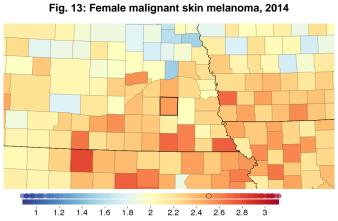


Fig. 14: Male malignant skin melanoma, 2014 8 å ģ

# FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

Sex	Seward County	Nebraska	National	National rank	% change 1980-2014
Female	60.2	49.8	49.6	1951	+146.8
Male	51.8	60.9	63.8	475	+23.4

rate per 100,000 population, age-standardized, 2014

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

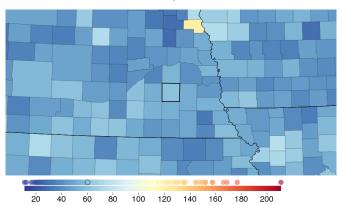
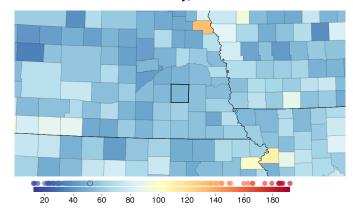


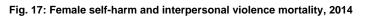
Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014

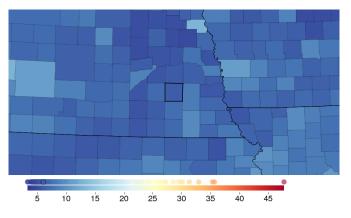


#### FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	Seward County	Nebraska	National	National rank	% change 1980-2014
Female	6.0	7.7	9.0	245	-6.5
Male	19.6	26.9	30.9	131	-10.5

rate per 100,000 population, age-standardized, 2014





FINDINGS: TRANSPORT INJURIES MORTALITY

Sex	Seward County	Nebraska	National	National rank	% change 1980-2014
Female	11.6	9.5	8.1	1162	-17.0
Male	23.8	20.9	19.8	894	-33.7

rate per 100,000 population, age-standardized, 2014

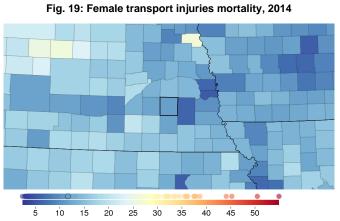
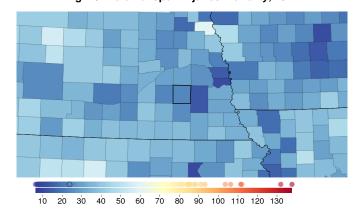
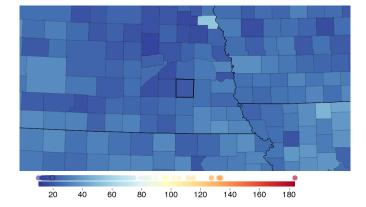


Fig. 20: Male transport injuries mortality, 2014







#### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	Seward County	Nebraska	National	National rank	% change 1980-2014
Female	6.7	5.5	8.2	1169	+543.9
Male	5.3	10.3	18.7	42	+62.2

rate per 100,000 population, age-standardized, 2014



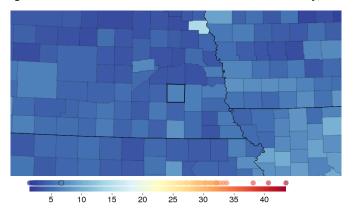
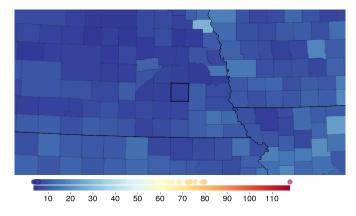


Fig. 22: Male mental and substance use disorders mortality, 2014

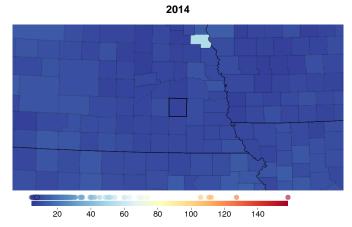


#### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

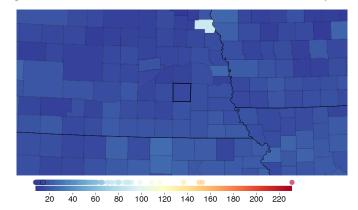
Sex	Seward County	Nebraska	National	National rank	% change 1980-2014
Female	7.7	10.5	11.8	125	+27.0
Male	13.9	18.9	22.2	302	+10.3

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,

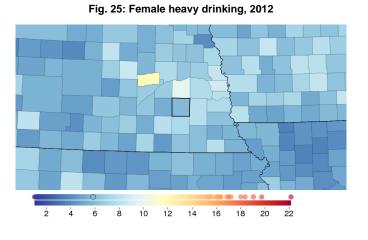


#### Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

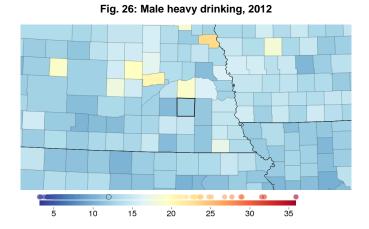


#### FINDINGS: HEAVY DRINKING

Sex	Seward County	Nebraska	National	National rank	% change 2005-2012
Female	5.8	7.4	6.7	1849	+65.3
Male	12.0	12.7	9.9	2254	+30.0



prevalence (%), age-standardized, 2012



#### FINDINGS: BINGE DRINKING

Sex	Seward County	Nebraska	National	National rank	% change 2002-2012
Female	14.4	16.0	12.4	2394	+29.5
Male	29.1	31.2	24.5	2391	+1.5

prevalence (%), age-standardized, 2012

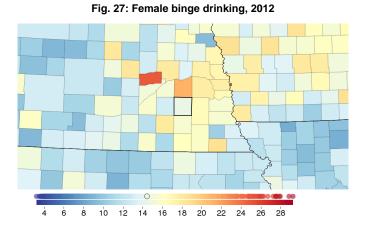
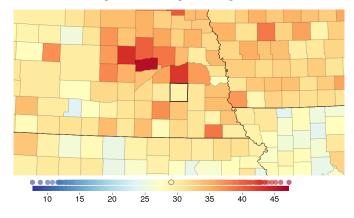
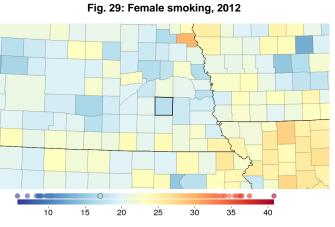


Fig. 28: Male binge drinking, 2012

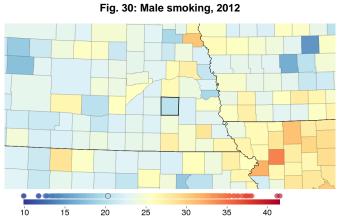


## FINDINGS: SMOKING

Sex	Seward County	Nebraska	National	National rank	% change 1996-2012
Female	17.1	19.5	17.9	401	-14.8
Male	20.3	22.6	22.2	290	-15.6



prevalence (%), age-standardized, 2012



## FINDINGS: OBESITY

Sex	Seward County	Nebraska	National	National rank	% change 2001-2011
Female	33.9	36.5	36.1	414	+23.7
Male	37.5	36.1	33.8	1622	+35.0

prevalence (%), age-standardized, 2011

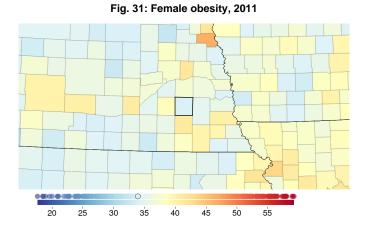
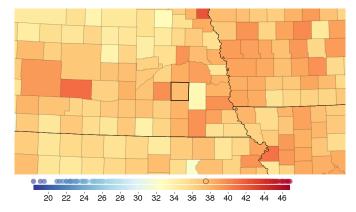


Fig. 32: Male obesity, 2011



#### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	Seward County	Nebraska	National	National rank	% change 2001-2011
Female	56.0	52.7	52.6	590	+12.1
Male	55.1	53.7	56.3	1225	-4.7

prevalence (%), age-standardized, 2011

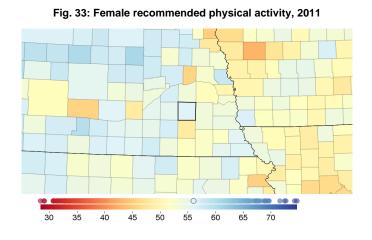
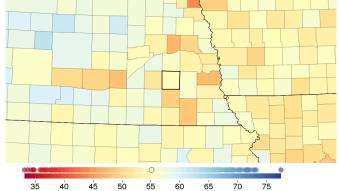


Fig. 34: Male recommended physical activity, 2011



#### **CITATION:**

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