# COUNTY PROFILE: Skagit County, Washington

#### US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

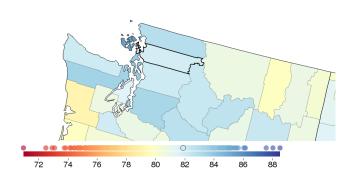
#### FINDINGS: LIFE EXPECTANCY

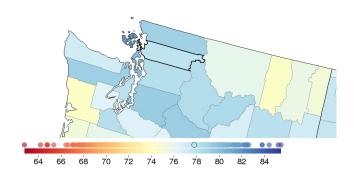
% change 1980-2014	National rank	National	Washington	<b>Skagit County</b>	Sex
+4.7	717	81.5	82.0	81.9	Female
+9.0	579	76.7	78.0	77.8	Male

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

Fig. 2: Male life expectancy, 2014



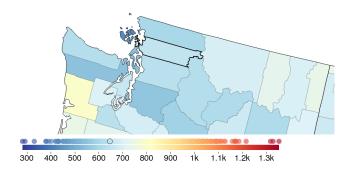


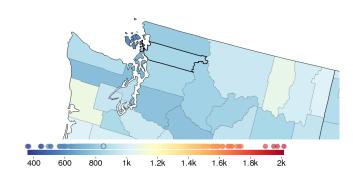
# FINDINGS: ALL-CAUSE MORTALITY

% change 1980-2014	National rank	National	Washington	<b>Skagit County</b>	Sex
-23.7	759	667.8	630.2	646.0	Female
-35.9	481	930.1	858.7	849.3	Male

Fig. 3: Female all-cause mortality, 2014

Fig. 4: Male all-cause mortality, 2014





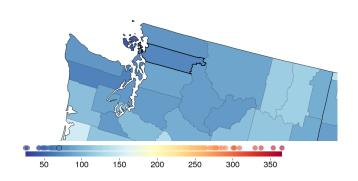
#### FINDINGS: ISCHEMIC HEART DISEASE

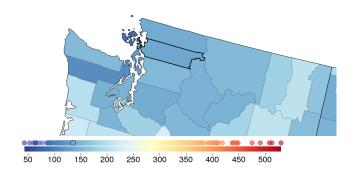
% change 1980-2014	National rank	National	Washington	<b>Skagit County</b>	Sex
-69.4	60	124.9	90.0	69.9	Female
-68.2	154	191.5	155.7	134.8	Male

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

Fig. 6: Male ischemic heart disease, 2014



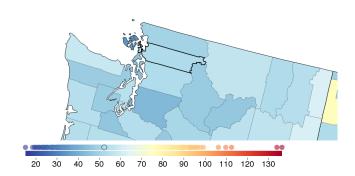


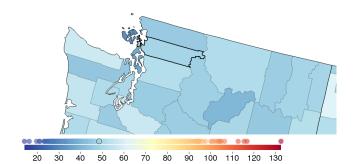
## FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	Washington	<b>Skagit County</b>	Sex
-34.9	1682	47.4	49.5	52.3	Female
-51.0	1184	48.8	48.9	48.5	Male

Fig. 7: Female cerebrovascular disease (stroke), 2014

Fig. 8: Male cerebrovascular disease (stroke), 2014





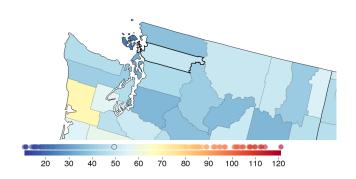
# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

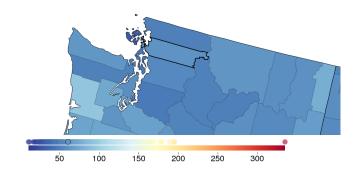
% change 1980-2014	National rank	National	Washington	Skagit County	Sex
+28.5	1774	43.8	43.8	49.4	Female
-34.1	769	67.6	57.2	60.6	Male

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



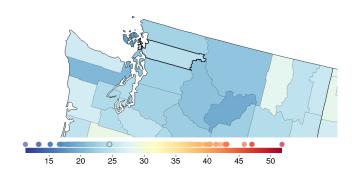


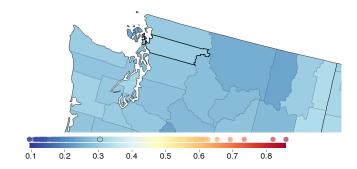
#### FINDINGS: BREAST CANCER

% change 1980-2014	National rank	National	Washington	<b>Skagit County</b>	Sex
-27.4	1090	25.9	23.7	24.5	Female
-5.1	1382	0.3	0.3	0.3	Male

Fig. 11: Female breast cancer, 2014

Fig. 12: Male breast cancer, 2014





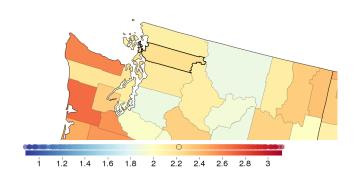
#### FINDINGS: MALIGNANT SKIN MELANOMA

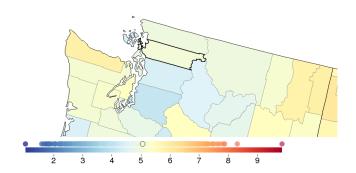
% change 1980-2014	National rank	National	Washington	Skagit County	Sex
+13.7	1905	1.9	2.1	2.2	Female
+39.2	1787	4.5	4.7	5.1	Male

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014

Fig. 14: Male malignant skin melanoma, 2014



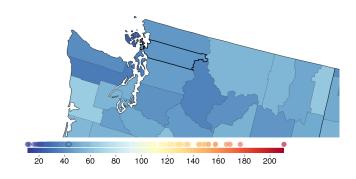


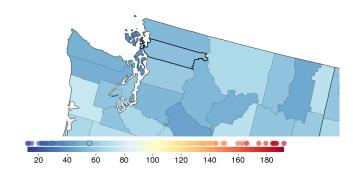
# FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	Washington	<b>Skagit County</b>	Sex
+44.3	619	49.6	46.8	43.1	Female
+68.9	688	63.8	58.6	55.6	Male

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014





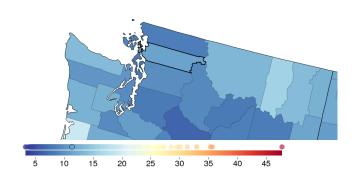
#### FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

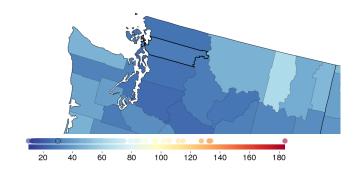
hington National National rank	Washington	<b>Skagit County</b>	Sex
9.5 9.0 2219	9.5	11.3	Female
29.6 30.9 1231	29.6	30.1	Male

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

Fig. 18: Male self-harm and interpersonal violence mortality, 2014



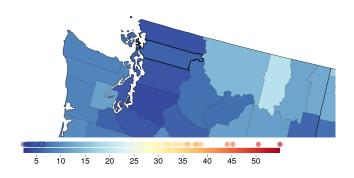


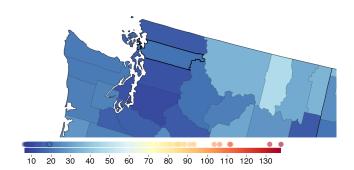
# FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	Washington	<b>Skagit County</b>	Sex
-64.9	195	8.1	5.7	6.1	Female
-64.7	492	19.8	14.6	19.1	Male

Fig. 19: Female transport injuries mortality, 2014

Fig. 20: Male transport injuries mortality, 2014





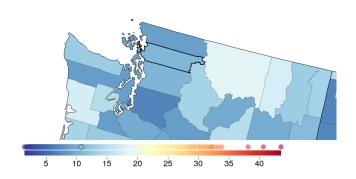
#### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

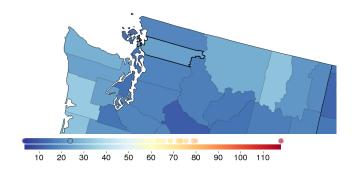
% change 1980-2014	National rank	National	Washington	<b>Skagit County</b>	Sex
+276.8	2316	8.2	9.4	10.7	Female
+237.4	2574	18.7	18.2	23.9	Male

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

Fig. 22: Male mental and substance use disorders mortality, 2014





#### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

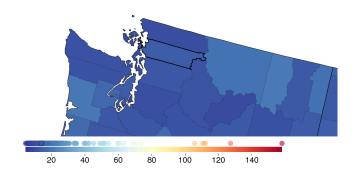
% change 1980-2014	National rank	National	Washington	<b>Skagit County</b>	Sex
+27.4	2061	11.8	12.3	13.9	Female
+31.3	1634	22.2	21.4	22.7	Male

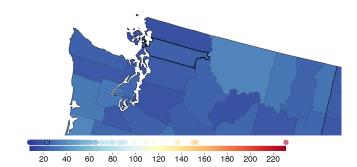
rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,

2014

Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014





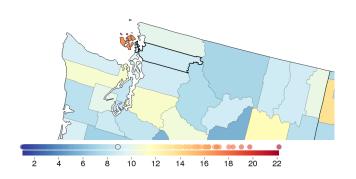
## FINDINGS: HEAVY DRINKING

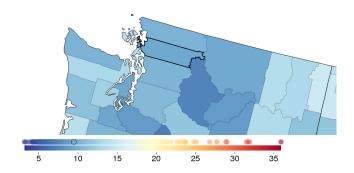
Sex	<b>Skagit County</b>	Washington	National	National rank	% change 2005-2012
Female	8.9	9.1	6.7	2776	+39.4
Male	9.5	10.0	9.9	1231	+9.6

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012

Fig. 26: Male heavy drinking, 2012





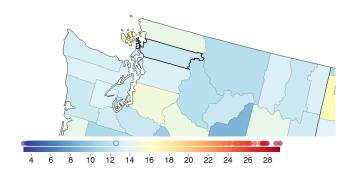
#### FINDINGS: BINGE DRINKING

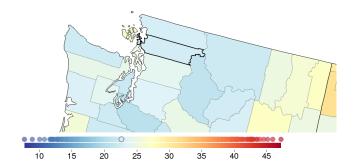
% change 2002-2012	National rank	National	Washington	Skagit County	Sex
+2.9	1988	12.4	13.3	12.6	Female
-1.6	1263	24.5	23.0	22.6	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

Fig. 28: Male binge drinking, 2012





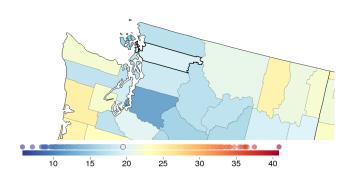
## FINDINGS: SMOKING

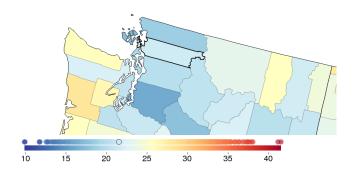
% change 1996-2012	National rank	National	Washington	Skagit County	Sex
-14.4	904	17.9	16.8	19.5	Female
-21.9	496	22.2	19.4	21.5	Male

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012

Fig. 30: Male smoking, 2012





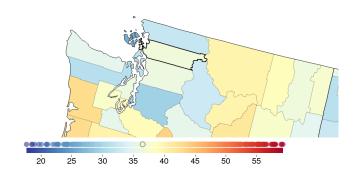
#### FINDINGS: OBESITY

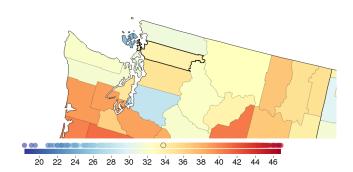
% change 2001-2011	National rank	National	Washington	Skagit County	Sex
+37.5	1007	36.1	34.8	36.5	Female
+41.3	441	33.8	33.6	33.8	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011

Fig. 32: Male obesity, 2011





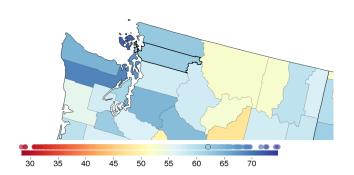
#### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

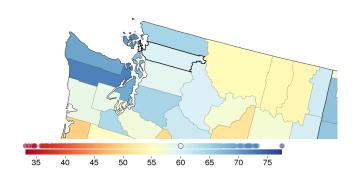
% change 2001-2011	National rank	National	Washington	<b>Skagit County</b>	Sex
+10.5	121	52.6	60.0	62.1	Female
-10.4	394	56.3	61.2	60.0	Male

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

Fig. 34: Male recommended physical activity, 2011





## **CITATION:**

Institute for Health Metrics and Evaluation (IHME), US County Profile: Skagit County, Washington. Seattle, WA: IHME, 2016.

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