COUNTY PROFILE: Somerset County, New Jersey

US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

FINDINGS: LIFE EXPECTANCY

% change 1980-2014	National rank	National	New Jersey	Somerset County	Sex
+6.1	116	81.5	82.1	83.6	Female
+10.6	69	76.7	77.8	80.1	Male

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

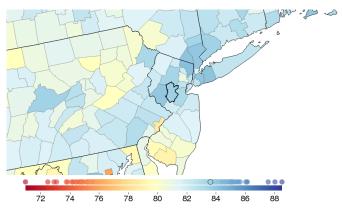
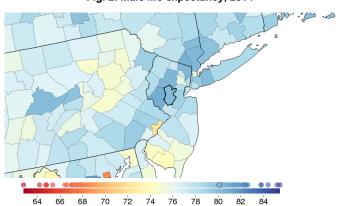


Fig. 2: Male life expectancy, 2014



FINDINGS: ALL-CAUSE MORTALITY

% change 1980-2014	National rank	National	New Jersey	Somerset County	Sex
-34.6	163	667.8	618.8	551.2	Female
-46.4	119	930.1	855.4	741.3	Male

Fig. 3: Female all-cause mortality, 2014

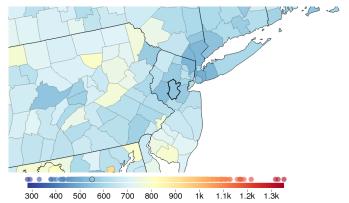
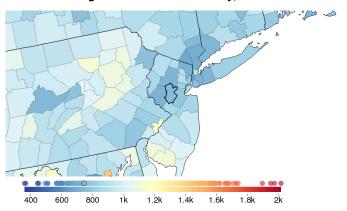


Fig. 4: Male all-cause mortality, 2014

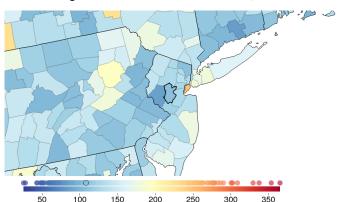


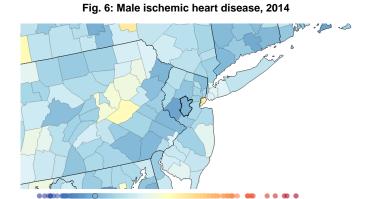
FINDINGS: ISCHEMIC HEART DISEASE

Sex	Somerset County	New Jersey	National	National rank	% change 1980-2014
Female	108.1	133.9	124.9	795	-59.2
Male	148.5	190.6	191.5	308	-69.8

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014





FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	New Jersey	Somerset County	Sex
-47.5	320	47.4	39.5	39.0	Female
-49.9	382	48.8	43.6	40.9	Male

Fig. 7: Female cerebrovascular disease (stroke), 2014

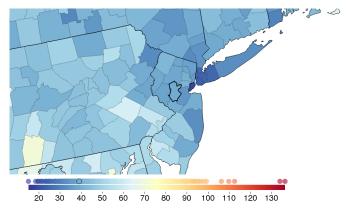
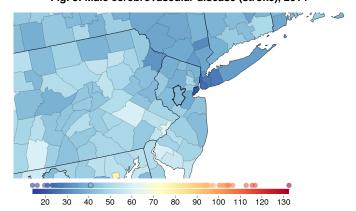


Fig. 8: Male cerebrovascular disease (stroke), 2014



FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

% change 1980-2014	National rank	National	New Jersey	Somerset County	Sex
-8.9	259	43.8	41.2	31.2	Female
-52.6	307	67.6	58.4	50.0	Male

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

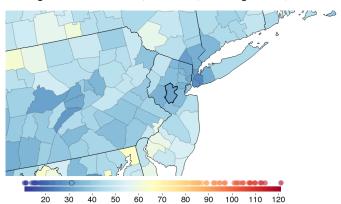


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014

100

FINDINGS: BREAST CANCER

% change 1980-2014	National rank	National	New Jersey	Somerset County	Sex
-38.6	1453	25.9	27.6	25.5	Female
-20.0	2262	0.3	0.4	0.4	Male

Fig. 11: Female breast cancer, 2014

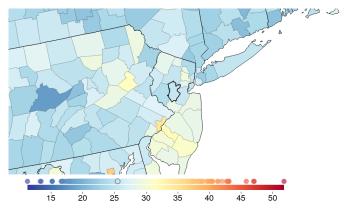
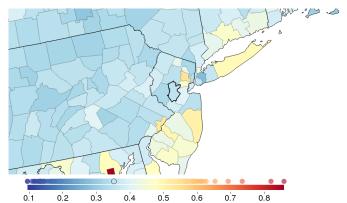


Fig. 12: Male breast cancer, 2014



FINDINGS: MALIGNANT SKIN MELANOMA

% change 1980-201	National rank	National	New Jersey	Somerset County	Sex
-14.	981	1.9	1.8	1.9	Female
-22.	398	4.5	4.1	3.7	Male

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014

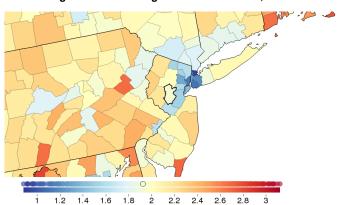
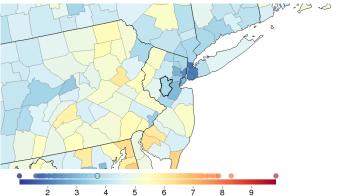


Fig. 14: Male malignant skin melanoma, 2014



FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	New Jersey	Somerset County	Sex
-2.9	601	49.6	46.9	42.9	Female
+3.2	953	63.8	66.2	59.3	Male

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

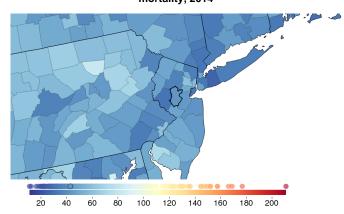
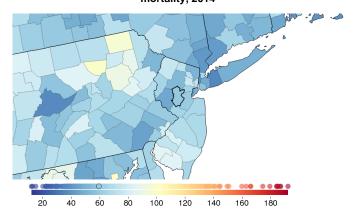


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	Somerset County	New Jersey	National	National rank	% change 1980-2014
Female	4.2	5.6	9.0	10	-25.4
Male	14.6	21.5	30.9	10	-19.8

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

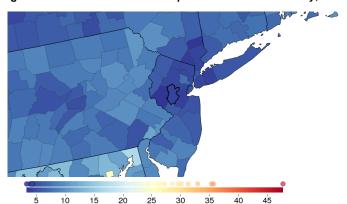


Fig. 18: Male self-harm and interpersonal violence mortality, 2014

FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	New Jersey	Somerset County	Sex
-62.6	34	8.1	4.9	4.0	Female
-63.8	34	19.8	11.9	9.9	Male

Fig. 19: Female transport injuries mortality, 2014

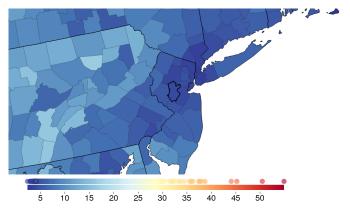
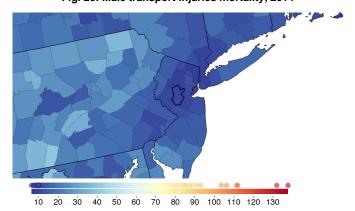


Fig. 20: Male transport injuries mortality, 2014



FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

% change 1980-2014	National rank	National	New Jersey	Somerset County	Sex
+179.6	250	8.2	6.5	3.9	Female
+188.3	1108	18.7	18.6	12.9	Male

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

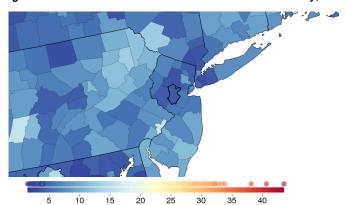
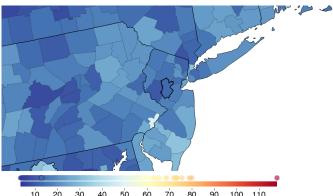


Fig. 22: Male mental and substance use disorders mortality, 2014



FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

% change 1980-2014	National rank	National	New Jersey	Somerset County	Sex
-39.2	86	11.8	9.4	7.3	Female
-48.1	149	22.2	18.4	12.3	Male

 $\label{fig:prop:continuous} \textbf{Fig. 23: Female cirrhosis and other chronic liver diseases mortality}, \\$

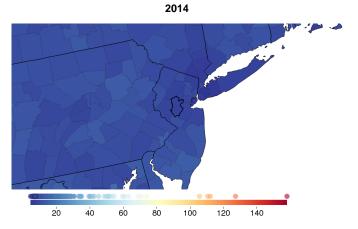
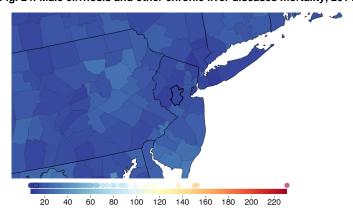


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

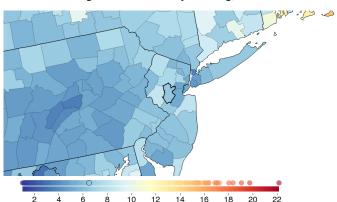


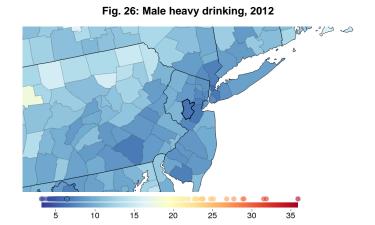
FINDINGS: HEAVY DRINKING

Sex	Somerset County	New Jersey	National	National rank	% change 2005-2012
Female	6.5	6.3	6.7	2103	+24.7
Male	6.4	8.2	9.9	120	+16.1

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012





FINDINGS: BINGE DRINKING

% change 2002-2012	National rank	National	New Jersey	Somerset County	Sex
+26.2	1905	12.4	13.2	12.3	Female
-1.5	1164	24.5	25.1	22.1	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

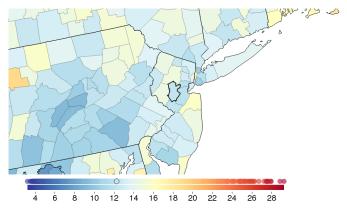
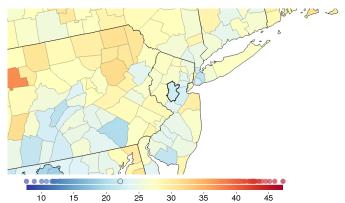


Fig. 28: Male binge drinking, 2012

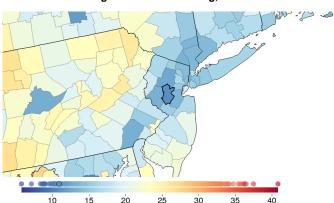


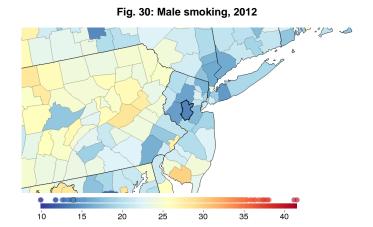
FINDINGS: SMOKING

Sex	Somerset County	New Jersey	National	National rank	% change 1996-2012
Female	10.9	16.0	17.9	33	-35.9
Male	13.9	19.6	22.2	17	-32.4

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012





FINDINGS: OBESITY

Sex	Somerset County	New Jersey	National	National rank	% change 2001-2011
Female	26.4	32.2	36.1	51	+23.9
Male	29.1	32.6	33.8	108	+30.3

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011

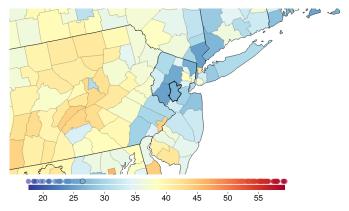
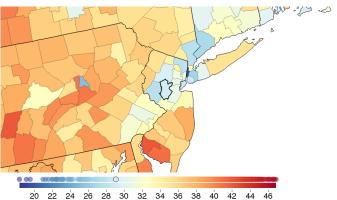


Fig. 32: Male obesity, 2011



FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	Somerset County	New Jersey	National	National rank	% change 2001-2011
Female	54.3	51.9	52.6	862	+13.4
Male	60.1	56.2	56.3	363	-0.7

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

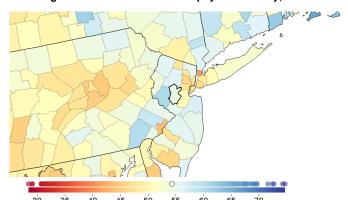
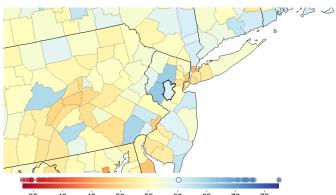


Fig. 34: Male recommended physical activity, 2011



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