# COUNTY PROFILE: Suffolk County, Massachusetts

#### US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

#### FINDINGS: LIFE EXPECTANCY

% change 1980-2014	National rank	National	Massachusetts	<b>Suffolk County</b>	Sex
+8.2	421	81.5	82.5	82.5	Female
+13.7	911	76.7	78.1	77.1	Male

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

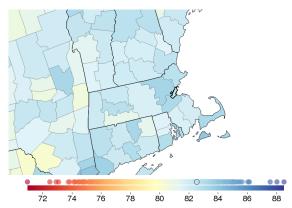


Fig. 2: Male life expectancy, 2014

FINDINGS: ALL-CAUSE MORTALITY

Sex	<b>Suffolk County</b>	Massachusetts	National	National rank	% change 1980-2014
Female	582.4	606.8	667.8	317	-39.3
Male	868.1	855.4	930.1	586	-47.9

Fig. 3: Female all-cause mortality, 2014

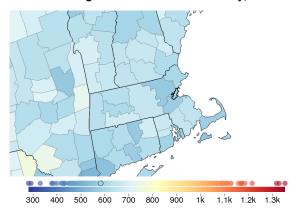
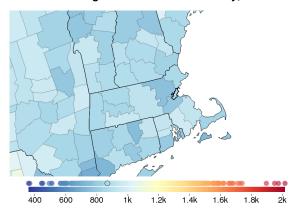


Fig. 4: Male all-cause mortality, 2014



# FINDINGS: ISCHEMIC HEART DISEASE

% change 1980-2014	National rank	National	Massachusetts	<b>Suffolk County</b>	Sex
-65.8	309	124.9	103.9	88.9	Female
-71.2	344	191.5	162.2	150.5	Male

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

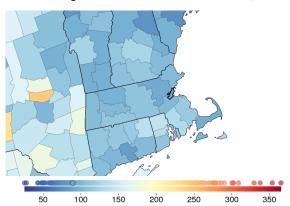
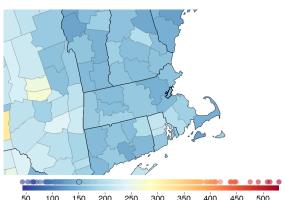


Fig. 6: Male ischemic heart disease, 2014



# FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	Massachusetts	<b>Suffolk County</b>	Sex
-44.7	230	47.4	40.0	37.3	Female
-43.9	623	48.8	41.3	43.6	Male

Fig. 7: Female cerebrovascular disease (stroke), 2014

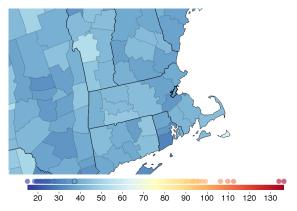
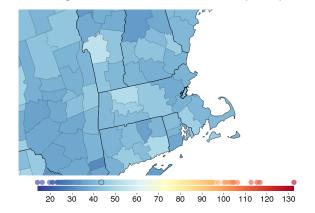


Fig. 8: Male cerebrovascular disease (stroke), 2014



# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	<b>Suffolk County</b>	Massachusetts	National	National rank	% change 1980-2014
Female	44.1	46.6	43.8	1209	+1.8
Male	67.2	64.1	67.6	1066	-49.5

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

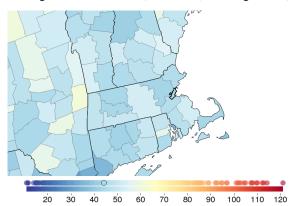
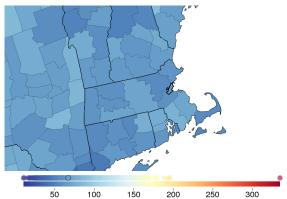


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



### FINDINGS: BREAST CANCER

% change 1980-2014	National rank	National	Massachusetts	<b>Suffolk County</b>	Sex
-47.7	787	25.9	23.4	23.6	Female
-21.9	2824	0.3	0.4	0.4	Male

Fig. 11: Female breast cancer, 2014

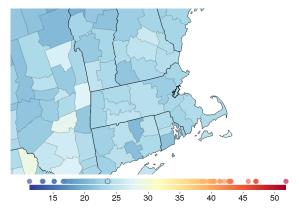
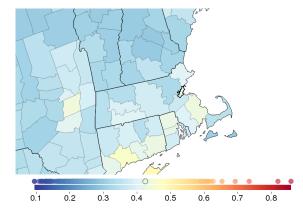


Fig. 12: Male breast cancer, 2014



### FINDINGS: MALIGNANT SKIN MELANOMA

% change 1980-2014	National rank	National	Massachusetts	<b>Suffolk County</b>	Sex
-7.7	1118	1.9	2.2	2.0	Female
-12.1	659	4.5	4.5	4.1	Male

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014

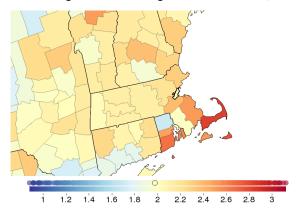
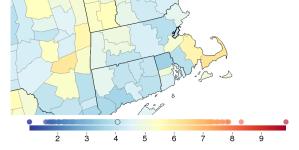


Fig. 14: Male malignant skin melanoma, 2014



# FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	Massachusetts	<b>Suffolk County</b>	Sex
-9.7	710	49.6	39.4	44.5	Female
-11.1	1301	63.8	57.4	63.9	Male

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

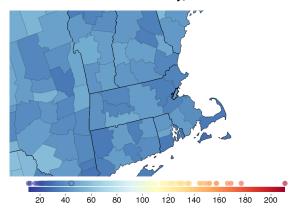
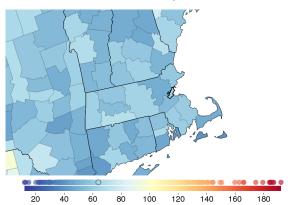


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



### FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	<b>Suffolk County</b>	Massachusetts	National	National rank	% change 1980-2014
Female	6.4	6.6	9.0	337	-47.2
Male	25.3	21.0	30.9	643	-51.6

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

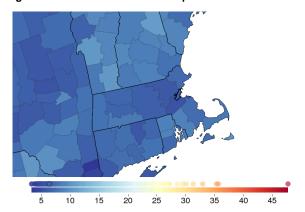


Fig. 18: Male self-harm and interpersonal violence mortality, 2014

FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	Massachusetts	<b>Suffolk County</b>	Sex
-55.3	7	8.1	4.1	3.3	Female
-66.5	11	19.8	10.4	8.2	Male

Fig. 19: Female transport injuries mortality, 2014

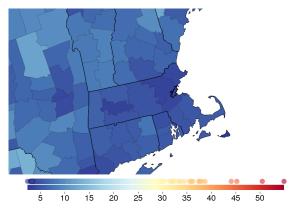
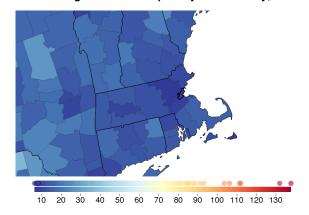


Fig. 20: Male transport injuries mortality, 2014



### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

% change 1980-2014	National rank	National	Massachusetts	<b>Suffolk County</b>	Sex
+313.6	2213	8.2	9.3	10.3	Female
+280.9	3004	18.7	26.7	34.9	Male

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

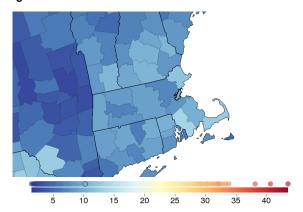
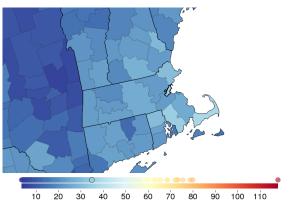


Fig. 22: Male mental and substance use disorders mortality, 2014



### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

% change 1980-2014	National rank	National	Massachusetts	Suffolk County	Sex
-50.1	891	11.8	10.0	10.5	Female
-51.7	1924	22.2	20.2	24.5	Male

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,

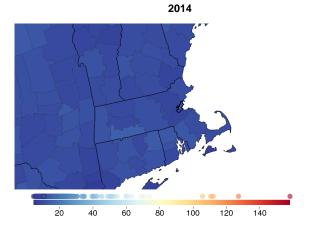
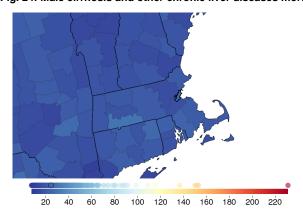


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

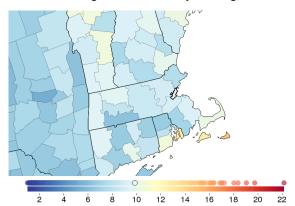


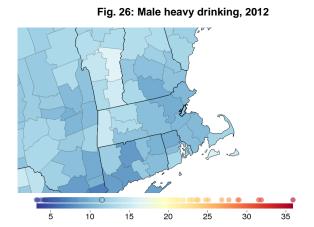
# FINDINGS: HEAVY DRINKING

Sex	<b>Suffolk County</b>	Massachusetts	National	National rank	% change 2005-2012
Female	9.9	8.7	6.7	2931	+33.6
Male	11.5	10.9	9.9	2079	+15.8

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012





FINDINGS: BINGE DRINKING

% change 2002-2012	National rank	National	Massachusetts	Suffolk County	Sex
+12.4	2619	12.4	15.7	15.6	Female
-1.1	2096	24.5	26.9	27.2	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

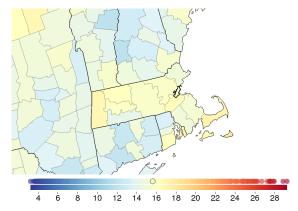
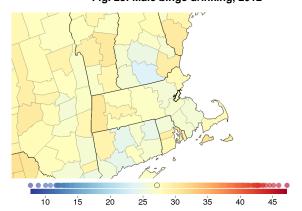


Fig. 28: Male binge drinking, 2012

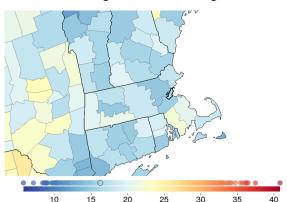


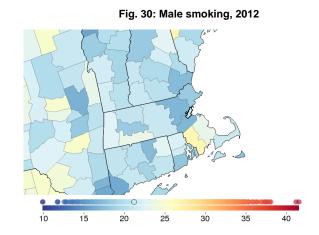
# FINDINGS: SMOKING

% change 1996-2012	National rank	National	Massachusetts	Suffolk County	Sex
-24.4	305	17.9	17.4	16.3	Female
-15.7	431	22.2	20.0	21.2	Male

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012



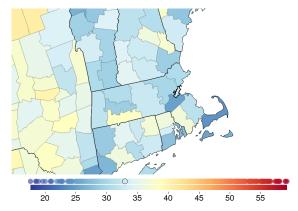


FINDINGS: OBESITY

% change 2001-2011	National rank	National	Massachusetts	<b>Suffolk County</b>	Sex
+28.0	302	36.1	31.1	33.0	Female
+32.7	41	33.8	31.0	26.1	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011





20 22 24 26 28 30 32 34 36 38 40 42 44 46

Fig. 32: Male obesity, 2011

### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	<b>Suffolk County</b>	Massachusetts	National	National rank	% change 2001-2011
Female	54.4	55.7	52.6	849	+12.9
Male	59.4	59.6	56.3	460	+0.0

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

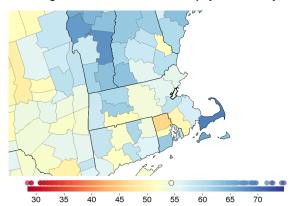
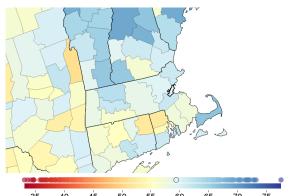


Fig. 34: Male recommended physical activity, 2011



# **CITATION:**

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