# COUNTY PROFILE: Upshur County, West Virginia

#### US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

#### FINDINGS: LIFE EXPECTANCY

% change 1980-2014	National rank	National	West Virginia	<b>Upshur County</b>	Sex
+1.3	2283	81.5	78.5	78.9	Female
+6.0	1883	76.7	73.6	74.9	Male

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

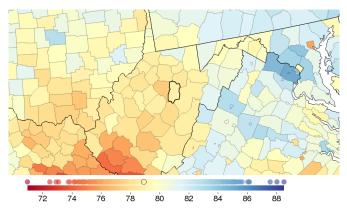
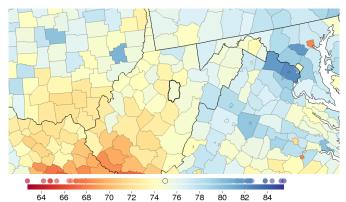


Fig. 2: Male life expectancy, 2014



## FINDINGS: ALL-CAUSE MORTALITY

Sex	<b>Upshur County</b>	West Virginia	National	National rank	% change 1980-2014
Female	829.9	846.8	667.8	2418	+0.2
Male	1072.2	1177.3	930.1	1964	-22.4

Fig. 3: Female all-cause mortality, 2014

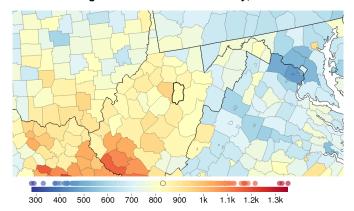
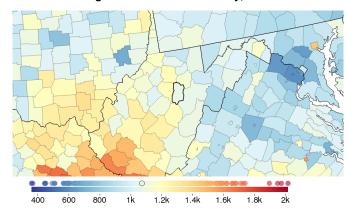


Fig. 4: Male all-cause mortality, 2014



#### FINDINGS: ISCHEMIC HEART DISEASE

% change 1980-2014	National rank	National	West Virginia	<b>Upshur County</b>	Sex
-42.6	2011	124.9	159.3	147.5	Female
-58.2	1713	191.5	236.5	213.4	Male

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

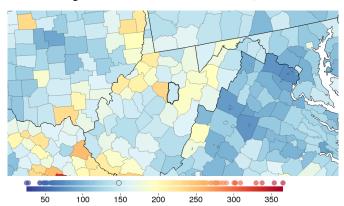
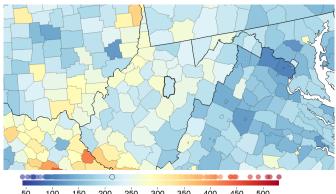


Fig. 6: Male ischemic heart disease, 2014



# FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	West Virginia	<b>Upshur County</b>	Sex
-11.2	2618	47.4	56.3	63.2	Female
-47.6	1219	48.8	54.6	48.9	Male

Fig. 7: Female cerebrovascular disease (stroke), 2014

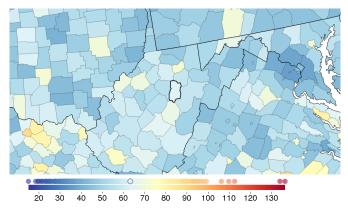
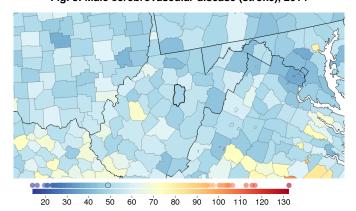


Fig. 8: Male cerebrovascular disease (stroke), 2014



# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	<b>Upshur County</b>	West Virginia	National	National rank	% change 1980-2014
Female	60.1	61.2	43.8	2669	+61.2
Male	82.7	99.4	67.6	1824	-21.9

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

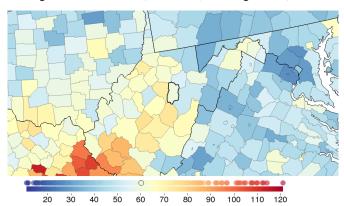
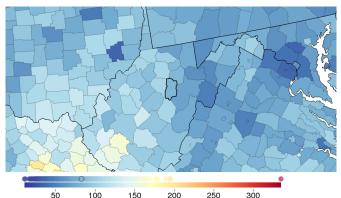


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



## FINDINGS: BREAST CANCER

% change 1980-2014	National rank	National	West Virginia	<b>Upshur County</b>	Sex
-13.8	2323	25.9	28.5	28.3	Female
-1.6	1906	0.3	0.4	0.3	Male

Fig. 11: Female breast cancer, 2014

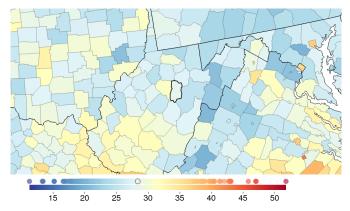
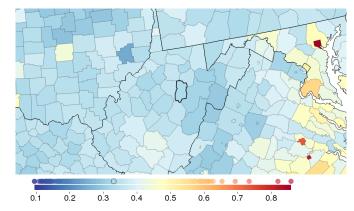


Fig. 12: Male breast cancer, 2014



## FINDINGS: MALIGNANT SKIN MELANOMA

Sex	<b>Upshur County</b>	West Virginia	National	National rank	% change 1980-2014
Female	2.8	2.4	1.9	3092	+22.0
Male	6.0	5.5	4.5	2733	+68.9

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014

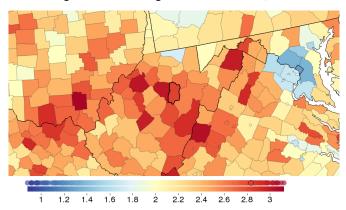


Fig. 14: Male malignant skin melanoma, 2014

FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	West Virginia	<b>Upshur County</b>	Sex
+85.7	2534	49.6	75.2	70.0	Female
+71.6	1978	63.8	96.6	73.5	Male

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

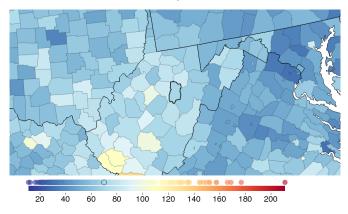
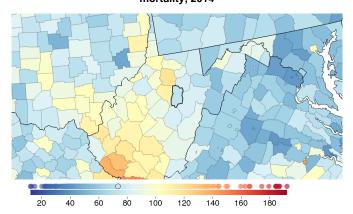


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



## FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

% change 1980-2014	National rank	National	West Virginia	<b>Upshur County</b>	Sex
+31.0	2147	9.0	12.4	11.1	Female
+16.3	2028	30.9	38.5	36.4	Male

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

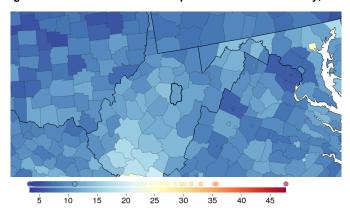


Fig. 18: Male self-harm and interpersonal violence mortality, 2014

FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	West Virginia	<b>Upshur County</b>	Sex
-5.6	1393	8.1	12.7	12.6	Female
-22.3	1527	19.8	30.4	30.3	Male

Fig. 19: Female transport injuries mortality, 2014

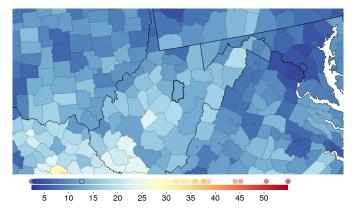
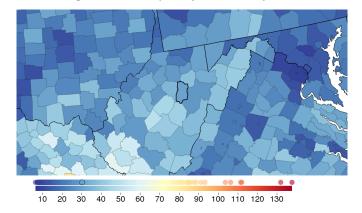


Fig. 20: Male transport injuries mortality, 2014



#### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	<b>Upshur County</b>	West Virginia	National	National rank	% change 1980-2014
Female	9.1	15.8	8.2	1935	+673.1
Male	14.5	34.0	18.7	1410	+183.7

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

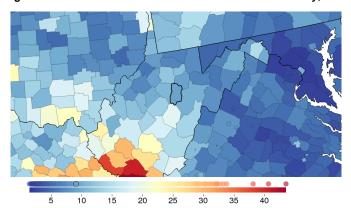


Fig. 22: Male mental and substance use disorders mortality, 2014

FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

% change 1980-2014	National rank	National	West Virginia	<b>Upshur County</b>	Sex
+28.3	1307	11.8	14.7	11.7	Female
+6.1	1224	22.2	28.1	20.2	Male

Fig. 23: Female cirrhosis and other chronic liver diseases mortality, 2014

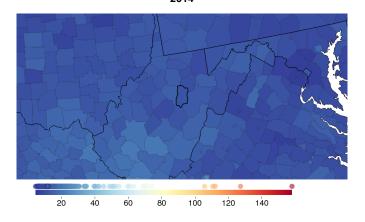
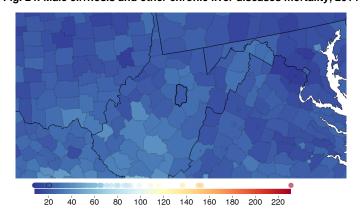


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

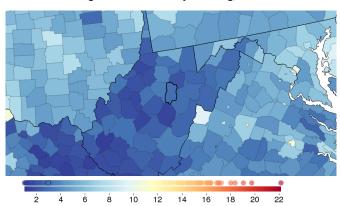


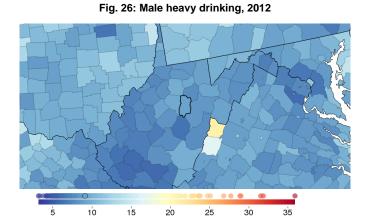
## FINDINGS: HEAVY DRINKING

Sex	<b>Upshur County</b>	West Virginia	National	National rank	% change 2005-2012
Female	3.0	3.2	6.7	491	+64.4
Male	9.1	7.8	9.9	1084	+46.3

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012





FINDINGS: BINGE DRINKING

% change 2002-2012	National rank	National	West Virginia	<b>Upshur County</b>	Sex
+3.4	287	12.4	6.6	5.8	Female
+15.8	715	24.5	18.1	19.9	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

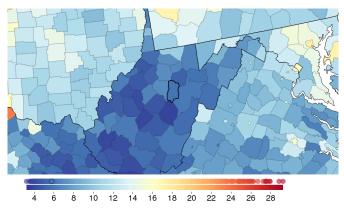
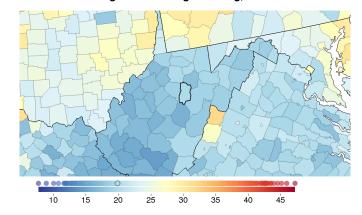


Fig. 28: Male binge drinking, 2012

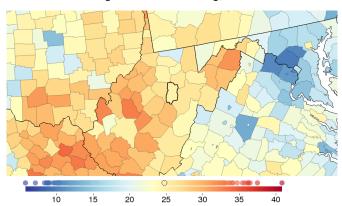


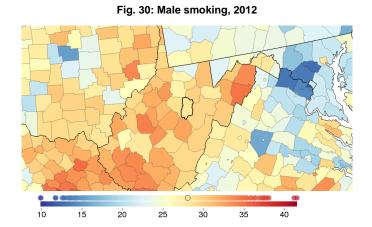
# FINDINGS: SMOKING

% change 1996-2012	National rank	National	West Virginia	<b>Upshur County</b>	Sex
-8.1	2419	17.9	26.4	24.8	Female
-10.4	2212	22.2	29.3	28.0	Male

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012





FINDINGS: OBESITY

% change 2001-2011	National rank	National	West Virginia	<b>Upshur County</b>	Sex
+19.4	1560	36.1	40.8	38.5	Female
+19.2	1538	33.8	38.2	37.4	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011

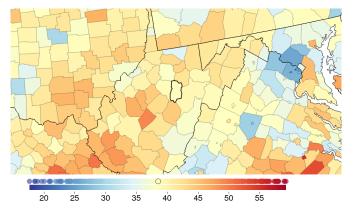
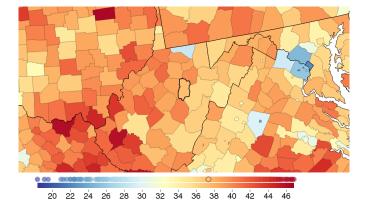


Fig. 32: Male obesity, 2011



#### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	<b>Upshur County</b>	West Virginia	National	National rank	% change 2001-2011
Female	43.5	42.4	52.6	2510	+1.3
Male	49.6	47.8	56.3	2285	-7.7

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

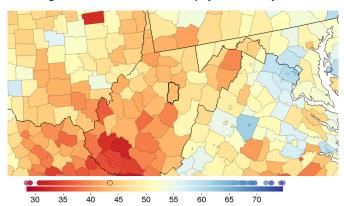
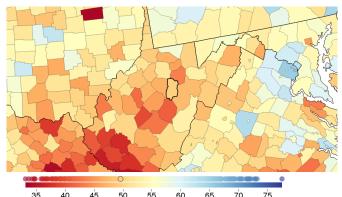


Fig. 34: Male recommended physical activity, 2011



# **CITATION:**

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