# COUNTY PROFILE: Walton County, Florida

#### US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

#### FINDINGS: LIFE EXPECTANCY

% change 1980-2014	National rank	National	Florida	Walton County	Sex
+3.8	1746	81.5	82.0	80.0	Female
+6.4	1960	76.7	76.9	74.7	Male

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

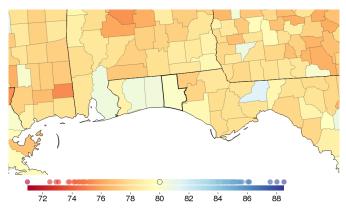
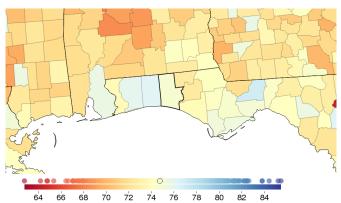


Fig. 2: Male life expectancy, 2014



# FINDINGS: ALL-CAUSE MORTALITY

% change 1980-2014	National rank	National	Florida	<b>Walton County</b>	Sex
-15.4	1613	667.8	600.9	733.1	Female
-23.3	1581	930.1	861.9	1013.7	Male

Fig. 3: Female all-cause mortality, 2014

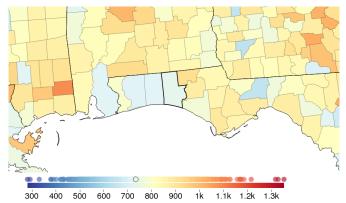
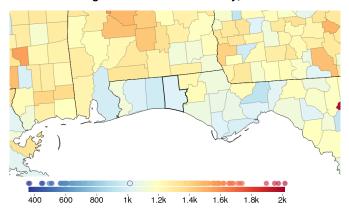


Fig. 4: Male all-cause mortality, 2014



#### FINDINGS: ISCHEMIC HEART DISEASE

% change 1980-2014	National rank	National	Florida	Walton County	Sex
-50.4	2267	124.9	114.9	158.8	Female
-55.6	1775	191.5	178.1	216.2	Male

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

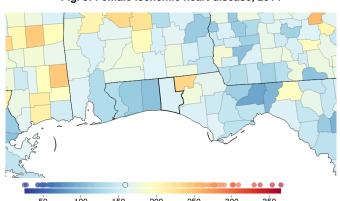
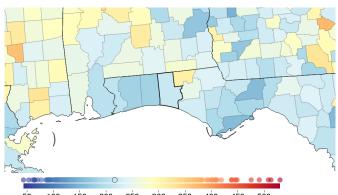


Fig. 6: Male ischemic heart disease, 2014



# FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	Florida	Walton County	Sex
-43.6	241	47.4	41.8	37.6	Female
-50.0	319	48.8	41.4	39.9	Male

Fig. 7: Female cerebrovascular disease (stroke), 2014

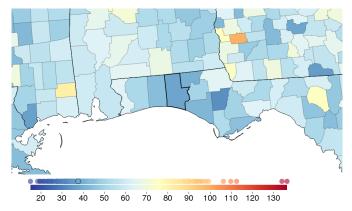
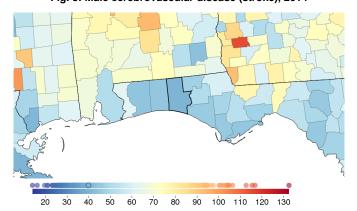


Fig. 8: Male cerebrovascular disease (stroke), 2014



# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

% change 1980-2014	National rank	National	Florida	<b>Walton County</b>	Sex
+53.8	1313	43.8	42.7	45.2	Female
-13.1	2214	67.6	65.8	92.7	Male

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

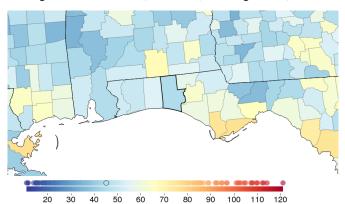


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014

FINDINGS: BREAST CANCER

Sex	Walton County	Florida	National	National rank	% change 1980-2014
Female	24.8	24.6	25.9	1190	-7.9
Male	0.3	0.3	0.3	1001	-5.4

Fig. 11: Female breast cancer, 2014

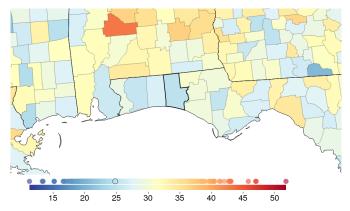
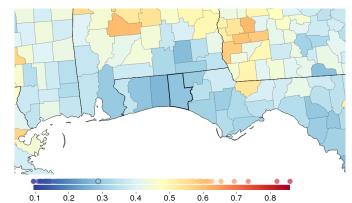


Fig. 12: Male breast cancer, 2014

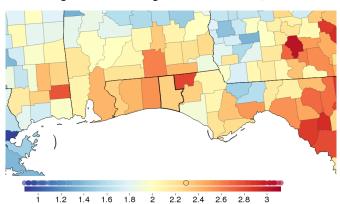


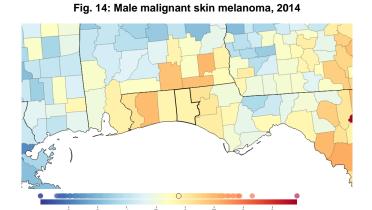
#### FINDINGS: MALIGNANT SKIN MELANOMA

% change 1980-2014	National rank	National	Florida	Walton County	Sex
+0.2	2122	1.9	2.0	2.3	Female
+67.6	2539	4.5	4.8	5.8	Male

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014





FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	Florida	Walton County	Sex
+44.1	1663	49.6	40.6	56.4	Female
+78.9	1968	63.8	58.7	73.3	Male

rate per 100,000 population, age-standardized, 2014

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

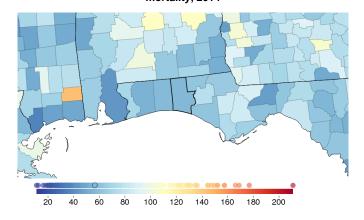
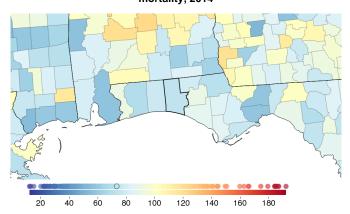


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



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#### FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

% change 1980-2014	National rank	National	Florida	<b>Walton County</b>	Sex
-1.0	2723	9.0	10.1	13.5	Female
-17.5	1943	30.9	33.8	35.7	Male

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

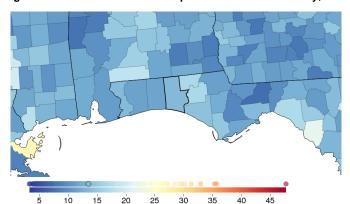


Fig. 18: Male self-harm and interpersonal violence mortality, 2014

FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	Florida	Walton County	Sex
-26.5	2172	8.1	8.5	16.3	Female
-42.2	1993	19.8	23.3	35.2	Male

rate per 100,000 population, age-standardized, 2014

Fig. 19: Female transport injuries mortality, 2014

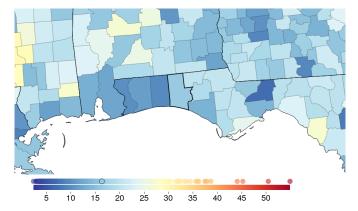
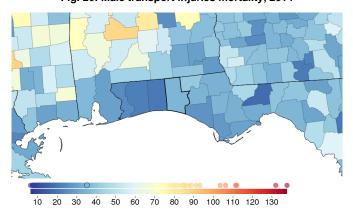


Fig. 20: Male transport injuries mortality, 2014



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#### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

% change 1980-2014	National rank	National	Florida	Walton County	Sex
+258.3	2045	8.2	9.0	9.5	Female
+242.0	2203	18.7	18.9	20.0	Male

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

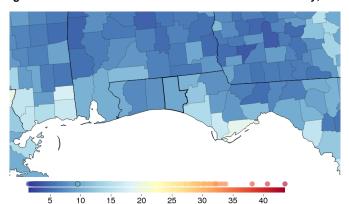
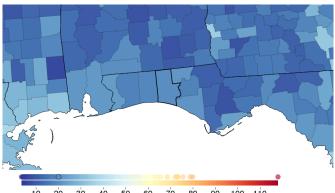


Fig. 22: Male mental and substance use disorders mortality, 2014



## FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

% change 1980-2014	National rank	National	Florida	<b>Walton County</b>	Sex
+21.1	2453	11.8	11.7	15.5	Female
+44.8	2782	22.2	24.3	33.1	Male

Fig. 23: Female cirrhosis and other chronic liver diseases mortality, 2014

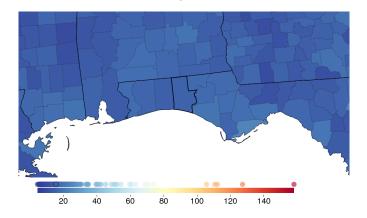
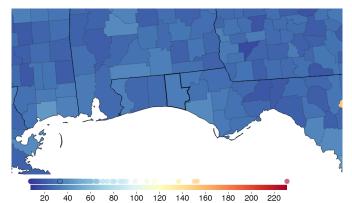


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

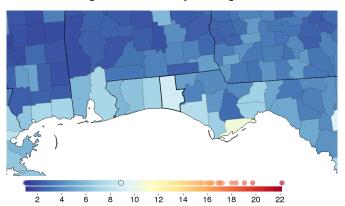


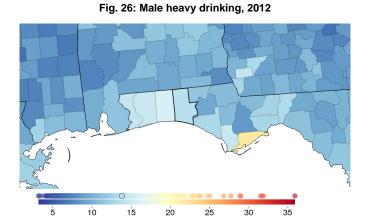
# FINDINGS: HEAVY DRINKING

Sex	Walton County	Florida	National	National rank	% change 2005-2012
Female	8.9	7.2	6.7	2780	+25.7
Male	13.8	11.0	9.9	2761	+2.5

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012





FINDINGS: BINGE DRINKING

% change 2002-2012	National rank	National	Florida	<b>Walton County</b>	Sex
+23.4	1924	12.4	12.2	12.3	Female
-1.8	1688	24.5	23.8	24.9	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

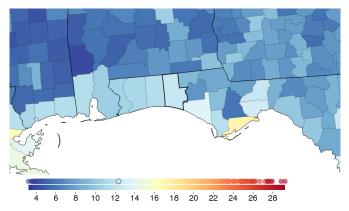
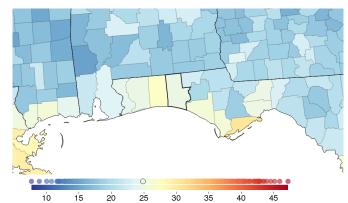


Fig. 28: Male binge drinking, 2012

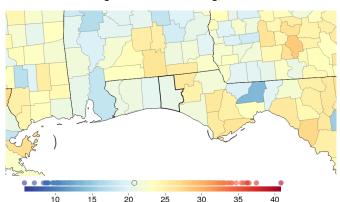


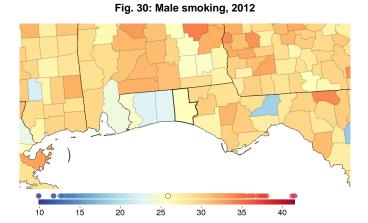
# FINDINGS: SMOKING

Sex	<b>Walton County</b>	Florida	National	National rank	% change 1996-2012
Female	20.8	17.6	17.9	1239	-11.5
Male	25.9	23.3	22.2	1690	-16.5

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012





FINDINGS: OBESITY

% change 2001-2011	National rank	National	Florida	Walton County	Sex
+8.7	263	36.1	34.0	32.6	Female
+25.4	551	33.8	34.3	34.5	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011

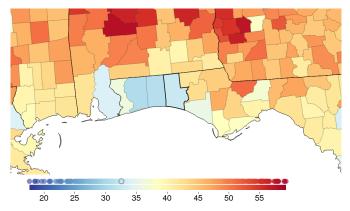
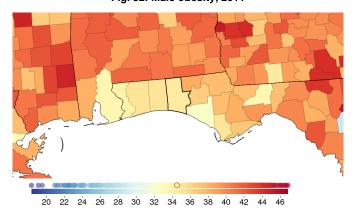


Fig. 32: Male obesity, 2011



#### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

% change 2001-2011	National rank	National	Florida	Walton County	Sex
+17.2	1366	52.6	52.8	51.4	Female
+13.1	396	56.3	56.0	60.0	Male

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

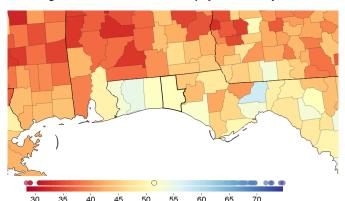
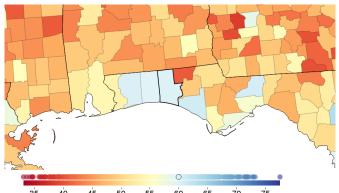


Fig. 34: Male recommended physical activity, 2011



## **CITATION:**

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