# COUNTY PROFILE: Westchester County, New York

#### US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

#### FINDINGS: LIFE EXPECTANCY

% change 1980-2014	National rank	National	New York	Westchester County	Sex
+7.4	72	81.5	82.5	84.0	Female
+12.1	55	76.7	78.1	80.3	Male

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

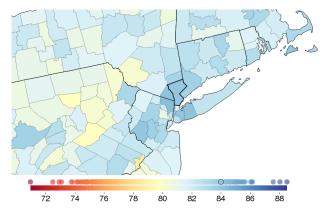


Fig. 2: Male life expectancy, 2014

FINDINGS: ALL-CAUSE MORTALITY

% change 1980-2014	National rank	National	New York	Westchester County	Sex
-39.5	88	667.8	588.6	518.4	Female
-49.3	52	930.1	819.4	693.4	Male

Fig. 3: Female all-cause mortality, 2014

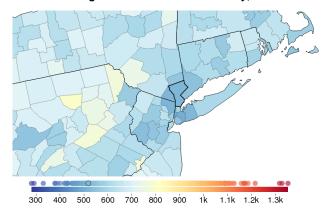
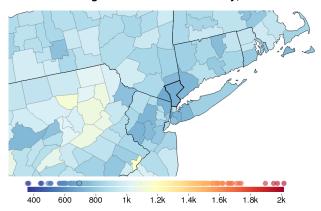


Fig. 4: Male all-cause mortality, 2014



#### FINDINGS: ISCHEMIC HEART DISEASE

% change 1980-2014	National rank	National	New York	Westchester County	Sex
-51.7	1765	124.9	154.9	139.3	Female
-64.0	912	191.5	214.9	180.0	Male

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

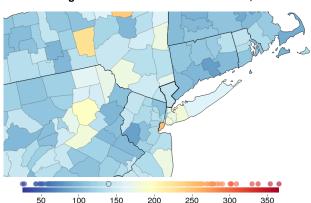
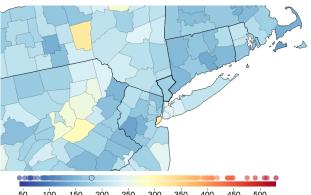


Fig. 6: Male ischemic heart disease, 2014



# FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	New York	Westchester County	Sex
-53.7	99	47.4	32.3	33.6	Female
-54.2	132	48.8	34.8	36.2	Male

Fig. 7: Female cerebrovascular disease (stroke), 2014

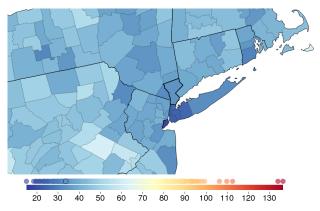
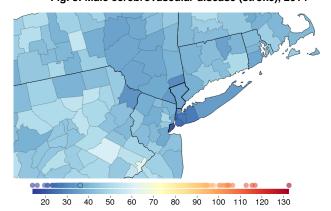


Fig. 8: Male cerebrovascular disease (stroke), 2014

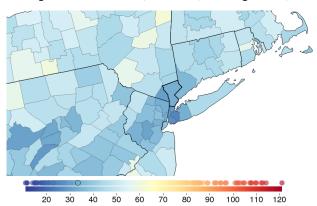


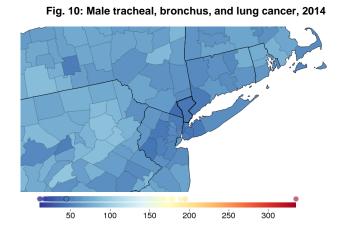
# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	Westchester County	New York	National	National rank	% change 1980-2014
Female	33.4	38.9	43.8	354	-13.2
Male	44.6	57.0	67.6	185	-54.4

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014





FINDINGS: BREAST CANCER

% change 1980-2014	National rank	National	New York	Westchester County	Sex
-48.8	691	25.9	24.5	23.3	Female
-25.8	2621	0.3	0.4	0.4	Male

Fig. 11: Female breast cancer, 2014

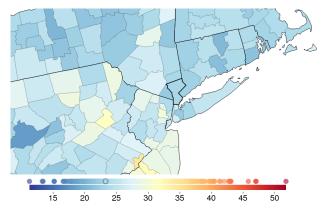
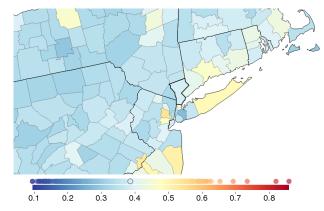


Fig. 12: Male breast cancer, 2014



#### FINDINGS: MALIGNANT SKIN MELANOMA

Sex	Westchester County	New York	National	National rank	% change 1980-2014
Female	1.8	1.6	1.9	562	-20.7
Male	3.7	3.5	4.5	404	-21.7

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014

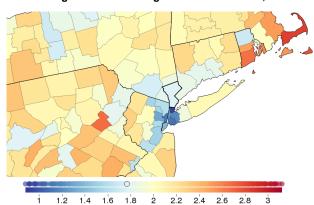


Fig. 14: Male malignant skin melanoma, 2014

# FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	New York	Westchester County	Sex
-11.7	83	49.6	40.1	31.4	Female
-17.2	96	63.8	52.8	41.2	Male

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

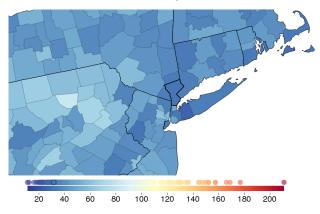
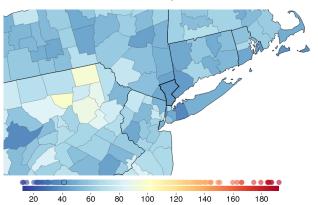


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



#### FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	<b>Westchester County</b>	New York	National	National rank	% change 1980-2014
Female	4.3	5.6	9.0	13	-47.9
Male	15.8	20.9	30.9	20	-38.0

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

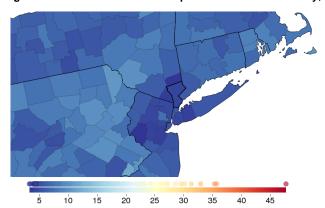


Fig. 18: Male self-harm and interpersonal violence mortality, 2014

FINDINGS: TRANSPORT INJURIES MORTALITY

Sex	<b>Westchester County</b>	New York	National	National rank	% change 1980-2014
Female	3.2	4.6	8.1	6	-66.0
Male	9.0	11.6	19.8	23	-67.3

Fig. 19: Female transport injuries mortality, 2014

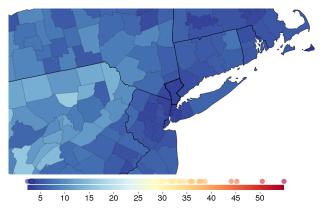
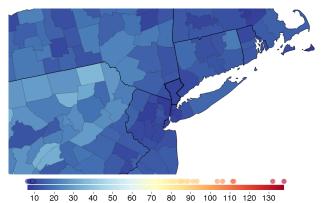


Fig. 20: Male transport injuries mortality, 2014



#### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex W	Vestchester County	New York	National	National rank	% change 1980-2014
Female	3.5	5.3	8.2	169	+73.9
Male	12.3	17.6	18.7	998	+38.3

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

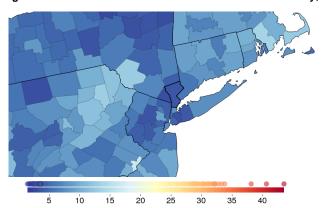
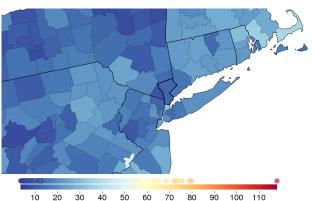


Fig. 22: Male mental and substance use disorders mortality, 2014



#### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

% change 1980-2014	National rank	National	New York	Westchester County	Sex
-60.0	15	11.8	7.7	6.1	Female
-64.6	130	22.2	15.5	12.0	Male

 $\label{fig:prop:continuous} \textbf{Fig. 23: Female cirrhosis and other chronic liver diseases mortality,} \\$ 

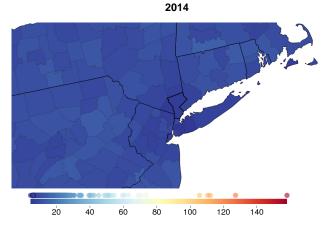
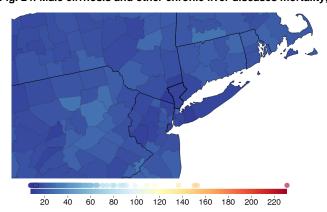


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

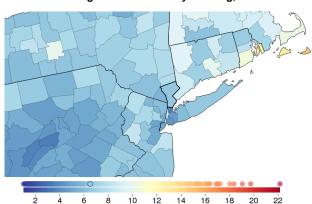


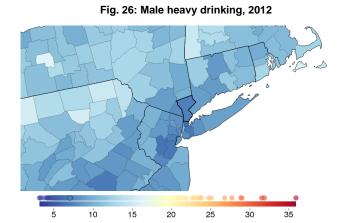
# FINDINGS: HEAVY DRINKING

Sex	<b>Westchester County</b>	New York	National	National rank	% change 2005-2012
Female	6.5	6.1	6.7	2108	+25.8
Male	7.1	9.0	9.9	247	+18.6

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012





FINDINGS: BINGE DRINKING

% change 2002-2012	National rank	National	New York	Westchester County	Sex
+20.8	2000	12.4	13.3	12.7	Female
+5.1	1714	24.5	25.3	25.0	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

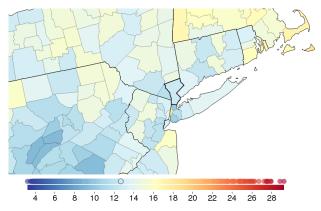
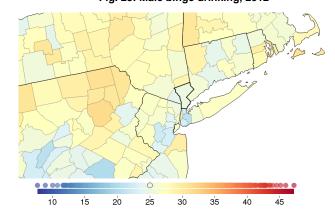


Fig. 28: Male binge drinking, 2012

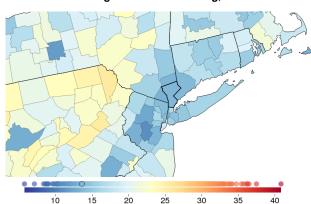


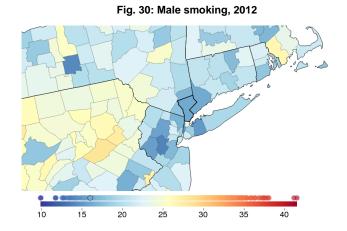
## FINDINGS: SMOKING

Sex	<b>Westchester County</b>	New York	National	National rank	% change 1996-2012
Female	13.6	16.2	17.9	112	-32.2
Male	16.0	19.7	22.2	51	-23.8

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012



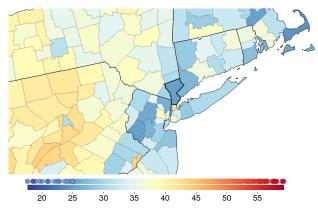


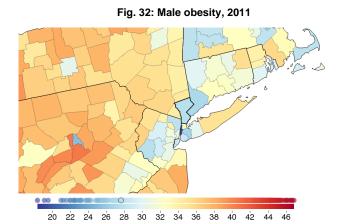
FINDINGS: OBESITY

% change 2001-2011	National rank	National	New York	Westchester County	Sex
+19.2	28	36.1	33.8	24.9	Female
+34.5	68	33.8	31.2	27.6	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011





#### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	Westchester County	New York	National	National rank	% change 2001-2011
Female	56.0	50.8	52.6	596	+24.4
Male	60.6	55.3	56.3	318	+6.1

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

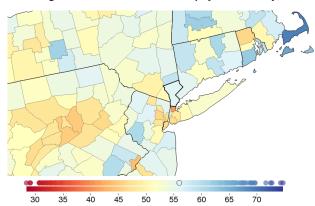


Fig. 34: Male recommended physical activity, 2011

## **CITATION:**

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