# COUNTY PROFILE: Woodbury County, Iowa

### US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

### FINDINGS: LIFE EXPECTANCY

% change 1980-2014	National rank	National	Iowa	<b>Woodbury County</b>	Sex
+2.1	1500	81.5	81.9	80.5	Female
+6.9	1312	76.7	77.5	76.2	Male

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

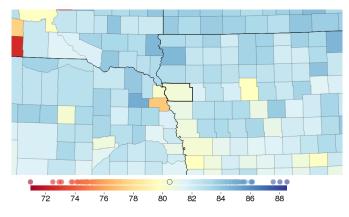
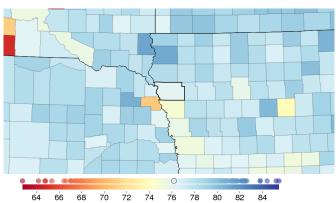


Fig. 2: Male life expectancy, 2014



### FINDINGS: ALL-CAUSE MORTALITY

% change 1980-2014	National rank	National	Iowa	<b>Woodbury County</b>	Sex
-5.2	1604	667.8	645.3	732.3	Female
-27.0	1520	930.1	908.2	1004.5	Male

Fig. 3: Female all-cause mortality, 2014

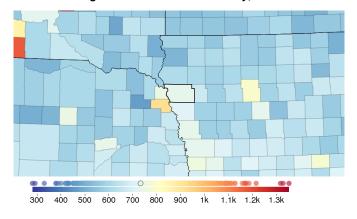
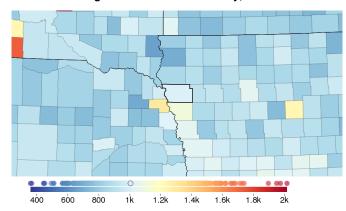


Fig. 4: Male all-cause mortality, 2014

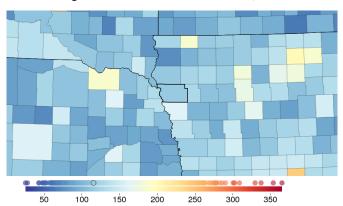


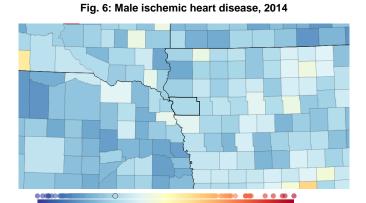
### FINDINGS: ISCHEMIC HEART DISEASE

% change 1980-2014	National rank	National	Iowa	<b>Woodbury County</b>	Sex
-51.8	1021	124.9	121.6	115.3	Female
-62.7	1168	191.5	196.9	190.6	Male

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014





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FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	Iowa	Woodbury County	Sex
-34.7	1049	47.4	48.5	47.0	Female
-43.4	1449	48.8	49.4	50.8	Male

Fig. 7: Female cerebrovascular disease (stroke), 2014

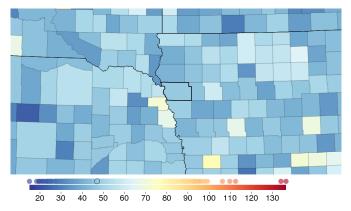
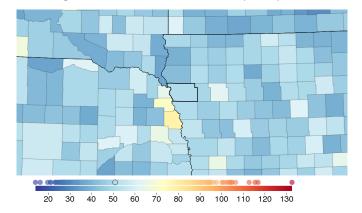


Fig. 8: Male cerebrovascular disease (stroke), 2014

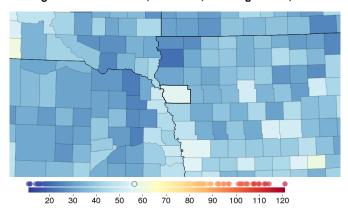


# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	<b>Woodbury County</b>	Iowa	National	National rank	% change 1980-2014
Female	56.3	44.1	43.8	2406	+91.3
Male	77.7	70.0	67.6	1599	-17.9

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014



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Fig. 10: Male tracheal, bronchus, and lung cancer, 2014

FINDINGS: BREAST CANCER

Sex	<b>Woodbury County</b>	Iowa	National	National rank	% change 1980-2014
Female	25.0	23.7	25.9	1257	-32.5
Male	0.3	0.3	0.3	1551	-13.2

Fig. 11: Female breast cancer, 2014

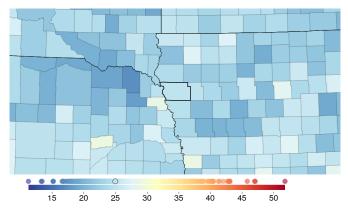
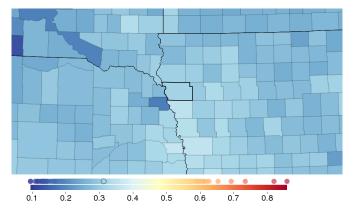


Fig. 12: Male breast cancer, 2014



### FINDINGS: MALIGNANT SKIN MELANOMA

% change 1980-2014	National rank	National	Iowa	<b>Woodbury County</b>	Sex
+0.2	689	1.9	2.0	1.8	Female
+26.5	786	4.5	4.4	4.2	Male

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014

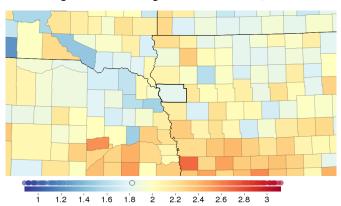


Fig. 14: Male malignant skin melanoma, 2014

FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	Iowa	<b>Woodbury County</b>	Sex
+130.8	2303	49.6	44.3	65.4	Female
+67.6	2106	63.8	55.2	75.8	Male

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

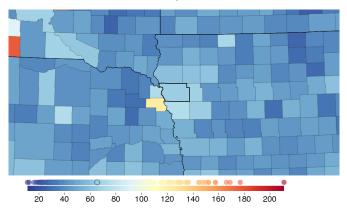
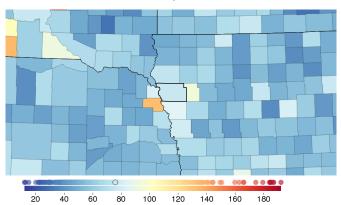


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



### FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	<b>Woodbury County</b>	Iowa	National	National rank	% change 1980-2014
Female	8.4	7.4	9.0	1081	+19.5
Male	25.7	24.5	30.9	683	+1.8

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

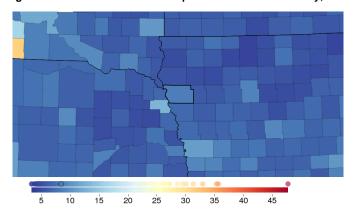
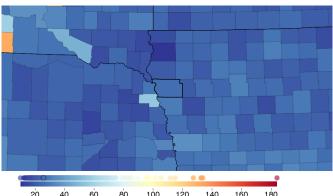


Fig. 18: Male self-harm and interpersonal violence mortality, 2014



# FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	Iowa	<b>Woodbury County</b>	Sex
-20.1	593	8.1	8.7	8.9	Female
-39.9	373	19.8	19.1	17.4	Male

Fig. 19: Female transport injuries mortality, 2014

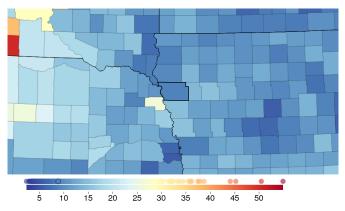
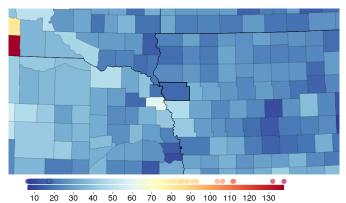


Fig. 20: Male transport injuries mortality, 2014



### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	<b>Woodbury County</b>	Iowa	National	National rank	% change 1980-2014
Female	9.0	5.5	8.2	1905	+452.8
Male	16.7	11.9	18.7	1764	+241.0

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

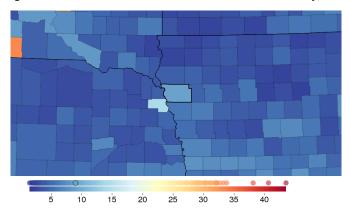
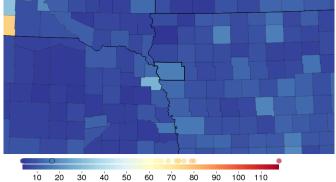


Fig. 22: Male mental and substance use disorders mortality, 2014



### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

% change 1980-2014	National rank	National	Iowa	<b>Woodbury County</b>	Sex
+53.8	2104	11.8	9.0	14.1	Female
+40.2	1902	22.2	15.6	24.4	Male

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,

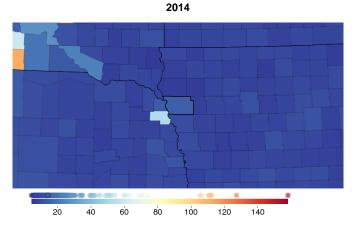
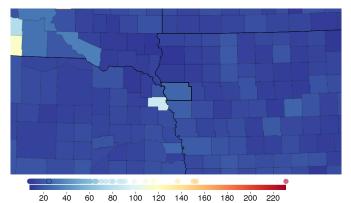


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

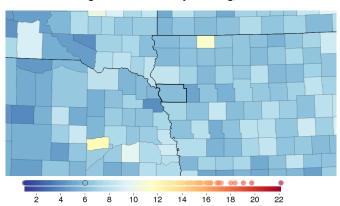


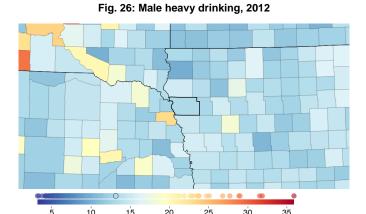
## FINDINGS: HEAVY DRINKING

Sex	<b>Woodbury County</b>	Iowa	National	National rank	% change 2005-2012
Female	6.0	7.6	6.7	1917	+45.3
Male	13.1	13.9	9.9	2611	+36.5

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012





FINDINGS: BINGE DRINKING

% change 2002-2012	National rank	National	Iowa	<b>Woodbury County</b>	Sex
+13.8	2580	12.4	17.1	15.4	Female
+3.6	2646	24.5	33.4	31.0	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

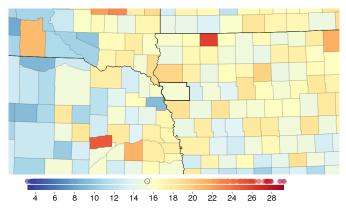
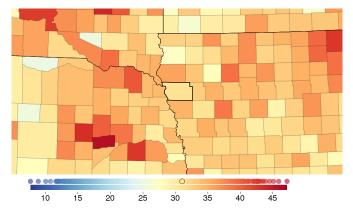


Fig. 28: Male binge drinking, 2012



## FINDINGS: SMOKING

Sex	<b>Woodbury County</b>	Iowa	National	National rank	% change 1996-2012
Female	25.2	19.2	17.9	2511	-0.4
Male	25.1	22.2	22.2	1475	-20.2

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012

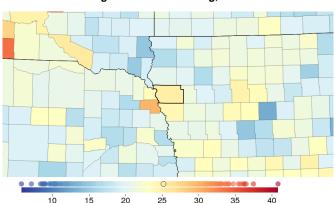
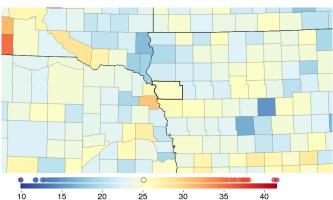


Fig. 30: Male smoking, 2012



### FINDINGS: OBESITY

% change 2001-2011	National rank	National	Iowa	<b>Woodbury County</b>	Sex
+40.7	1512	36.1	35.9	38.3	Female
+30.4	1612	33.8	36.3	37.5	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011

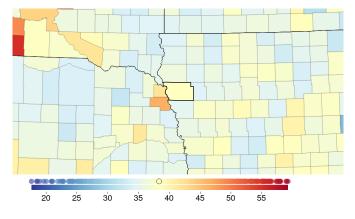
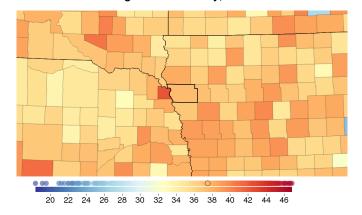


Fig. 32: Male obesity, 2011



### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

% change 2001-2011	National rank	National	Iowa	<b>Woodbury County</b>	Sex
+8.1	2116	52.6	52.9	46.6	Female
-7.6	2298	56.3	54.1	49.5	Male

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

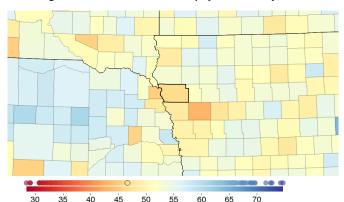


Fig. 34: Male recommended physical activity, 2011

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