COUNTY PROFILE: Yakima County, Washington

US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

FINDINGS: LIFE EXPECTANCY

% change 1980-2014	National rank	National	Washington	Yakima County	Sex
+3.4	1362	81.5	82.0	80.7	Female
+8.3	1293	76.7	78.0	76.2	Male

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

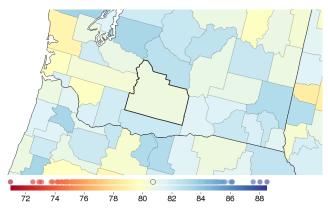
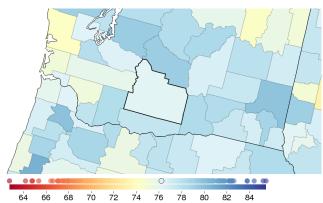


Fig. 2: Male life expectancy, 2014



FINDINGS: ALL-CAUSE MORTALITY

% change 1980-2014	National rank	National	Washington	Yakima County	Sex
-13.7	1217	667.8	630.2	692.8	Female
-31.6	1106	930.1	858.7	945.5	Male

Fig. 3: Female all-cause mortality, 2014

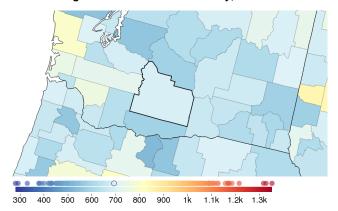
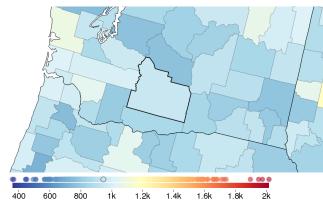


Fig. 4: Male all-cause mortality, 2014

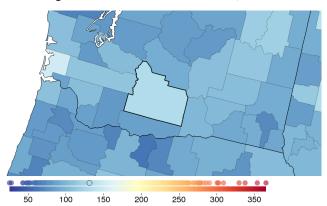


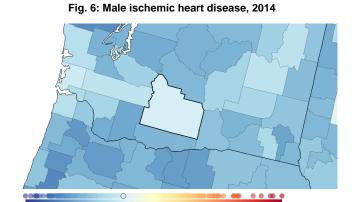
FINDINGS: ISCHEMIC HEART DISEASE

% change 1980-2014	National rank	National	Washington	Yakima County	Sex
-37.2	1516	124.9	90.0	131.2	Female
-47.5	2029	191.5	155.7	228.9	Male

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014





FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	Washington	Yakima County	Sex
-46.0	1037	47.4	49.5	47.0	Female
-56.6	967	48.8	48.9	46.9	Male

Fig. 7: Female cerebrovascular disease (stroke), 2014

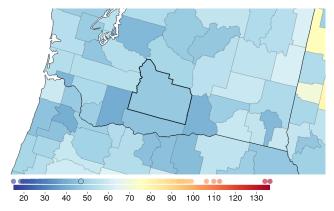
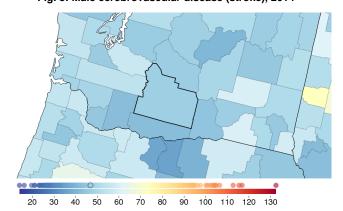


Fig. 8: Male cerebrovascular disease (stroke), 2014

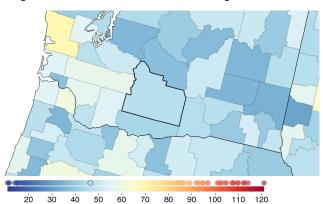


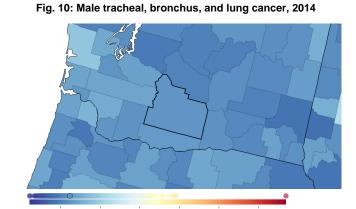
FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

% change 1980-2014	National rank	National	Washington	Yakima County	Sex
+39.1	1430	43.8	43.8	46.5	Female
-41.7	818	67.6	57.2	61.6	Male

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014





FINDINGS: BREAST CANCER

% change 1980-2014	National rank	National	Washington	Yakima County	Sex
-21.5	801	25.9	23.7	23.6	Female
-18.0	180	0.3	0.3	0.2	Male

Fig. 11: Female breast cancer, 2014

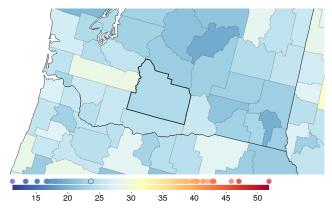
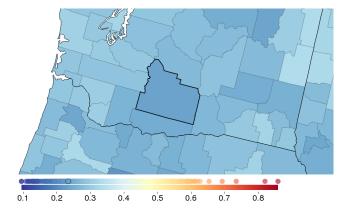


Fig. 12: Male breast cancer, 2014

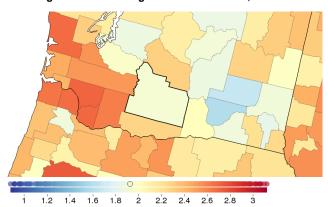


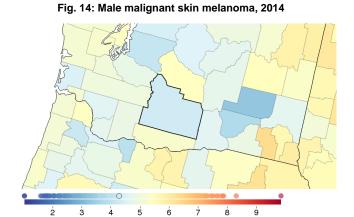
FINDINGS: MALIGNANT SKIN MELANOMA

% change 1980-2014	National rank	National	Washington	Yakima County	Sex
+10.7	986	1.9	2.1	1.9	Female
+30.3	852	4.5	4.7	4.3	Male

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014





FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	Washington	Yakima County	Sex
+77.3	1878	49.6	46.8	59.3	Female
+66.0	1434	63.8	58.6	65.6	Male

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

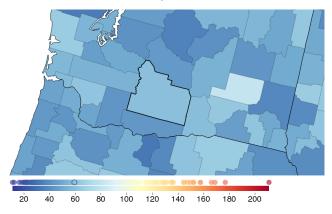
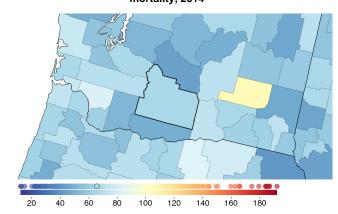


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

% change 1980-2014	National rank	National	Washington	Yakima County	Sex
-4.2	1288	9.0	9.5	8.9	Female
-7.1	2009	30.9	29.6	36.2	Male

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

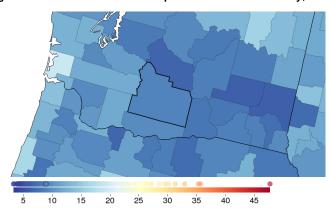
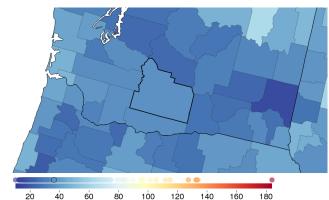


Fig. 18: Male self-harm and interpersonal violence mortality, 2014



FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	Washington	Yakima County	Sex
-50.7	753	8.1	5.7	9.7	Female
-53.2	993	19.8	14.6	24.8	Male

Fig. 19: Female transport injuries mortality, 2014

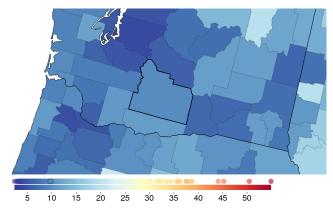
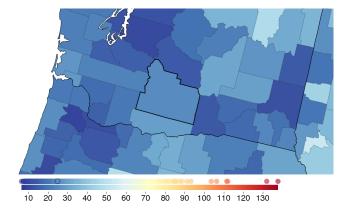


Fig. 20: Male transport injuries mortality, 2014



FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

% change 1980-2014	National rank	National	Washington	Yakima County	Sex
+245.5	2020	8.2	9.4	9.4	Female
+100.8	2005	18.7	18.2	18.2	Male

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

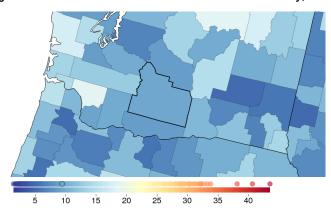
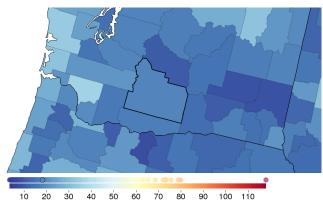


Fig. 22: Male mental and substance use disorders mortality, 2014



FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

Sex	Yakima County	Washington	National	National rank	% change 1980-2014
Female	17.1	12.3	11.8	2709	+27.7
Male	28.9	21.4	22.2	2486	+30.1

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,

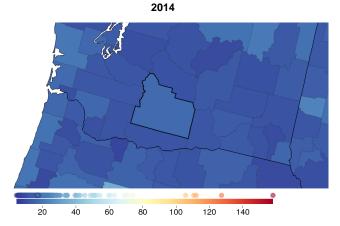
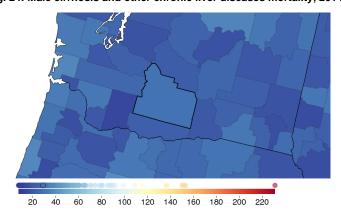


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

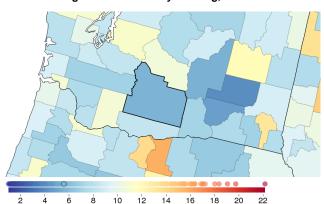


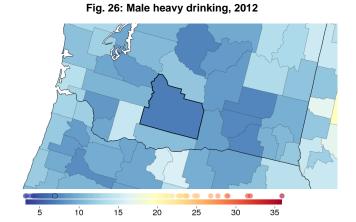
FINDINGS: HEAVY DRINKING

% change 2005-2012	National rank	National	Washington	Yakima County	Sex
+48.4	1741	6.7	9.1	5.6	Female
+0.4	214	9.9	10.0	6.9	Male

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012





FINDINGS: BINGE DRINKING

% change 2002-2012	National rank	National	Washington	Yakima County	Sex
+13.9	1427	12.4	13.3	10.3	Female
+8.3	1111	24.5	23.0	21.9	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

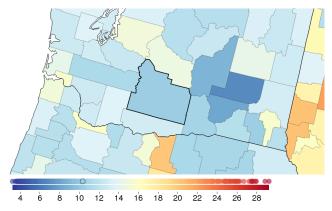
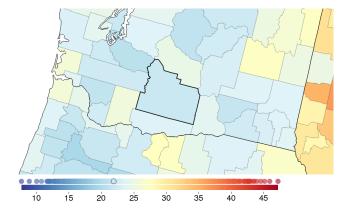


Fig. 28: Male binge drinking, 2012

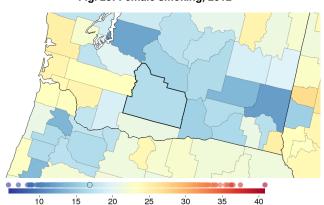


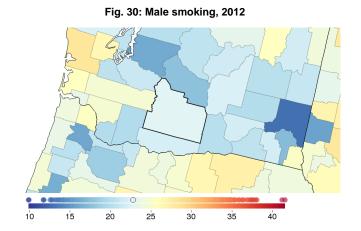
FINDINGS: SMOKING

Sex	Yakima County	Washington	National	National rank	% change 1996-2012
Female	16.9	16.8	17.9	376	-26.0
Male	22.8	19.4	22.2	775	-19.7

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012





FINDINGS: OBESITY

% change 2001-2011	National rank	National	Washington	Yakima County	Sex
+35.4	2620	36.1	34.8	43.7	Female
+25.1	1932	33.8	33.6	38.2	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011

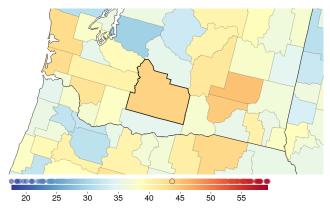
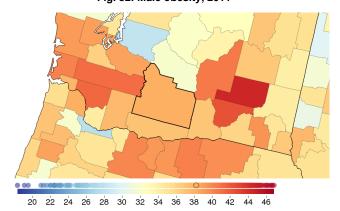


Fig. 32: Male obesity, 2011



FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

% change 2001-2011	National rank	National	Washington	Yakima County	Sex
+9.9	1659	52.6	60.0	49.7	Female
-8.4	2138	56.3	61.2	50.5	Male

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

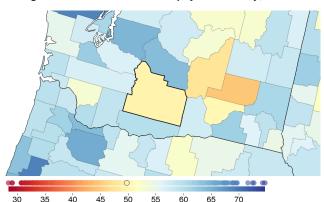


Fig. 34: Male recommended physical activity, 2011

CITATION:

Institute for Health Metrics and Evaluation (IHME), US County Profile: Yakima County, Washington. Seattle, WA: IHME, 2016.

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